



# Celebrate National School Counseling Week!



February 1<sup>st</sup> – 5<sup>th</sup> 2010

The guidance department at Spring City Elementary School strives to help students succeed academically, socially and emotionally by instilling the skills and attitudes needed in their everyday lives. Talk with your child about these qualities and character traits. Students and staff are encouraged to “wear” the spirit of success to school during the week of February 1<sup>st</sup> in honor of School Counseling Week!



## What should you wear?



### **Monday, Feb. 1:** Character Counts

Caringness, Trustworthiness, Respect, Fairness, Responsibility, and Citizenship are only a few qualities that lead to success! How many can you think of?

**WEAR YOUR FAVORITE CARTOON CHARACTER SHIRT**



### **Tuesday, Feb. 2:** Exercise Your Mind & Your Body



Exercise, eat healthy, and get plenty of rest! Respect yourself and your body! What good habits do you practice to stay healthy?

**WEAR YOUR FAVORITE SWEATS**

### **Wednesday, Feb. 3:** Be Proud of Yourself

Be yourself. Be proud of who you are and what you like!

**WEAR YOUR FAVORITE COLOR**



### **Thursday, Feb. 4:** Put Your Best Foot Forward

When you work hard and do your best it makes you feel good inside! You can achieve anything!

**WEAR YOUR FAVORITE CRAZY SOCKS**



### **Friday, Feb. 5:** Be a Team Player

Show concern for others. Teams are not only about sports. Name some activities where you need to work with others. Tell someone what you like about being a part of a group.

**WEAR YOUR FAVORITE SPORTS TEAM CLOTHING**

