






# SEASD MONTHLY MEAL PLANNER : June 2021 Grades 10th thru 12th

Food Service Director: Scott Orsini  
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	 <b>1</b> Waffles Served W/ Sausage	<b>1</b> Waffles Served W/ Sausage  with <u>VEG Of The Day</u> Hash Brown <u>Fruit of the Day</u> Sliced Oranges	<b>2</b>  School Virtual Today	<b>3</b> Loaded Nachos  with <u>VEG Of The Day</u> Rice & Beans <u>Fruit of the Day</u> Cupped Fruit	<b>4</b> Big Daddy's Pizza  with <u>VEG Of The Day</u> Smiley Tots <u>Fruit of the Day</u> Grapes
WEEK 2	<b>7</b> French Toast Sticks Served W/ Sausage  with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	<b>8</b> Spaghetti w/ Meatballs  with <u>VEG Of The Day</u> Fresh Broccoli <u>Fruit of the Day</u> Sliced Oranges	<b>9</b>  School Virtual Today	<b>10</b> Cheese Ravioli w/Marinara Sauce & Bread Stick  with <u>VEG Of The Day</u> Broccoli Florets <u>Fruit of the Day</u> Cupped Fruit	<b>11</b> Hot Dog Day  with <u>VEG Of The Day</u> Baked Beans <u>Fruit of the Day</u> Fresh Strawberries
WEEK 3	<b>14</b> Pancakes W/ Sausage  with <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	<b>15</b> Ham & Cheese Melt  with <u>VEG Of The Day</u> Celery Sticks <u>Fruit of the Day</u> Sliced Oranges	<b>16</b>  School Virtual Today	<b>17</b> Tony's Deep Dish Pizza  with <u>VEG Of The Day</u> Smiley Tots <u>Fruit of the Day</u> Cupped Fruit	
WEEK 4					
WEEK 5			<p>Depot Schedule for March will remain the same. Distribution will be on Mondays, Wednesdays &amp; Fridays . Locations will be at Limerick <u>and</u> 5,6,7 Building . Depot times will be from 4:15 to 6:00. . If you have any questions please contact Scott Orsini at <a href="mailto:sorsiic@spring-ford.net">sorsiic@spring-ford.net</a></p> <div><p><u>Mondays Distribution</u> Meal #1 Tuesdays menu / Meal #2 Wednesdays menu <u>Wednesdays Distribution</u> Meal #1 Thursdays Menu / Meal #2 Fridays Menu <u>Fridays Distribution</u> Meal #1 Mondays Menu / Meal #2 Requested Weekend meals</p></div>		



[Breakfast Weekly Menu](#)

Monday— Assorted Cereal w/ Graham Crackers

Tuesday— Chocolate Chip Muffins

Wednesday— Egg Sandwich on English Muffin

Thursday— Bagel & Cream Cheese

Friday — Assorted Cereal Bars w/ Animal Crackers

Each item will be served along with :

**Fruit of the day,**

**Flavored milk,**

**Flavored 4oz juice.**

[Alternative Cold Lunch Menu](#)

Monday— Turkey & Cheese hoagie

Tuesday— Garden salad

Wednesday— Buffalo Chicken Wrap

Thursday— Caesar salad

Friday — Ham & Cheese served on a club roll

All sandwiches will be served with bagged carrots and fruit of the day

All salads will be served with fruit of the day.

