

## LET'S RECITE THE PLEDGE

Pledge of Allegiance



Pledge to be R.A.M.S

Acting responsibly,

and Maintaining safety in our school.

We pledge to work together and unite for kindness, acceptance, and inclusion of others.





# NEWS FROM THE KITCHEN



#### 24

#### **Hot Lunch Entree**

- Balsamic Glazed Parmesan Popcorn Chicken
- Creamy Italian Rice

#### **Daily Hot Lunch**

- Chicken Nuggets
- Breaded Chicken Sandwich
- Cheese Pizza

#### **Daily Cold Lunch**

- Salad with Egg, Cheese and Vegetables
- Dinner Roll
- Ham & Cheese Sub

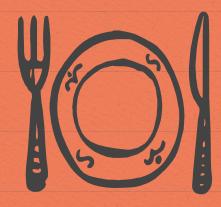
#### Fruit Sides

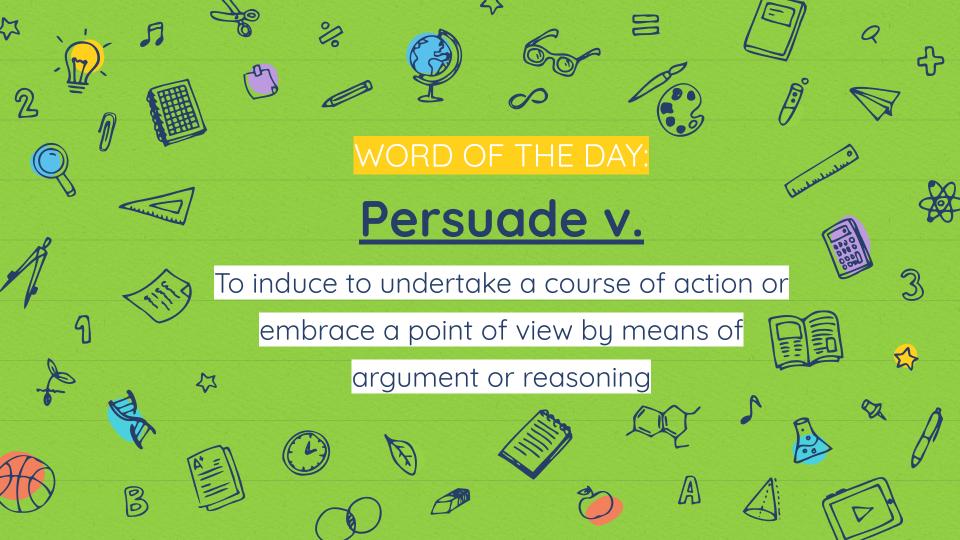
- Fresh Grapes
- Fresh Apple Slices
- Raisins

#### Vegetable Sides

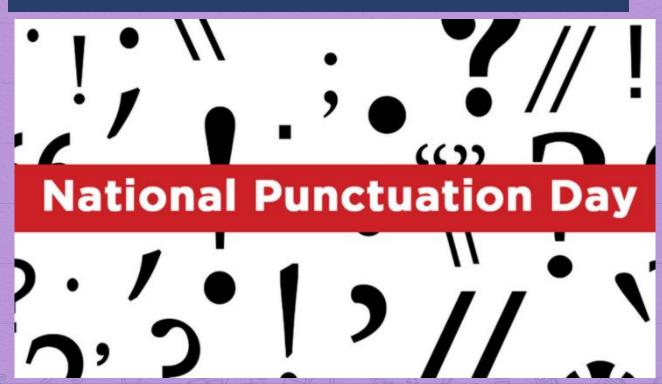
- Cucumber & Tomato Salad
- Baby Carrots







## NATIONAL FUN HOLIDAY/DAYS



#### MESSAGE:

Victor Hugo defined initiative as "doing the right thing without being told." Many people would agree with Mr. Hugo here!

When you see something that needs to be done, it's usually not wrong to go ahead and do it.

It really stands out to BE that person that notices what needs to be done and does it!

#### MONTHLY THEMES:



## WHAT'S HAPPENING AROUND SCHOOL -LIVESCHOOL



## WHAT'S HAPPENING AROUND SCHOOL -LIVESCHOOL

28,241

**Explorers** 

31,465

Settlers

30,330

Colonists

29,042

Trailblazers

28,210

**Patriots** 

27,978

**Pioneers** 

Ol ive Erbook

## WHAT'S HAPPENING AROUND SCHOOL - WALKING CLUB!

Are you interested in being active and meeting new people?



The club meets on Wednesdays and Thursdays, starting Wednesday, September 29th.

Permission slips are available in Mrs. Parsia's Room (242) and Ms. Carfagno's Room (277)

Please see Mrs. Parsia or Ms. Carfagno if you have any questions.

### WHAT'S HAPPENING AROUND SCHOOL - KICKBALL INTRAMURALS

Are you interested in playing some KICKBALL!?! Students are divided into teams to play same grade peers.

WHEN: After school from 3:40-4:40 pm

6th Grade Tuesday's - September 28th - October 26th

5th Grade: Thursday's September 30th - October 28th

WHERE: Students will meet at the WOOD Gym, games will be played outside

Ask your HR teacher for a permission slip, turn in slips to Mr. Moyer by September 28th for 6th grade, and September 30th for 5th grade

Need to arrange a ride home at 4:40pm

## WHAT'S HAPPENING AROUND SCHOOL - BUILDERS CLUB INFO!

#### **ATTENTION - ON MONDAY**

Students who were interested in Builders Club Members names will be posted outside of RM 216 & RM 132

## WHAT'S HAPPENING AROUND SCHOOL -RALLY WALK

Next Wednesday, September 29th is our RALLY WALK Teams will be taking turns walking in to our school's rally point at the HS building

\*\*Remember to wear comfortable shoes\*\*

## HAVE A GREAT DAY SPRING-FORD!



FROM: SCHOOL COUNSELORS