



Spring-Ford 5<sup>th</sup>/6<sup>th</sup> Grade Center  
STUDENT ASSISTANCE PROGRAM  
833 South Lewis Road  
Royersford, PA 19468



Dear Parents:

This school year, Creative Health Services, in cooperation with the 5<sup>th</sup>/6<sup>th</sup> Grade Center Student Assistance Program (SAP), will be offering interactive skill building support groups. These groups are designed to provide supportive interventions to increase students' coping skills and are completely voluntary. Groups will meet once a week for 6 to 8 weeks during the school day. In some cases, it is possible students may have to miss class time to participate.

The groups that may be offered this year are (offerings are based on student participation/interest):

Friendship- to help students work on making and keeping friendships

Changing Families- for students dealing with their parents' divorce/separation

Coping with Stress- to help students learn to handle pressure and stress

If your child is interested in participating, please complete the bottom of this form and return it to the counseling office. You may email it to Mrs. Fleisher, our SAP team school counselor representative, at [aflei@spring-ford.net](mailto:aflei@spring-ford.net). Please feel free to call Mrs. Fleisher at 610-705-6111 if you have any questions.

My child and I have reviewed the above information about the support groups and my child has decided to sign up for the following group(s): (If requesting more than one group, please note first and second choice).

\_\_\_\_\_ FRIENDSHIP

\_\_\_\_\_ CHANGING FAMILIES

\_\_\_\_\_ COPING WITH STRESS

Student Name: \_\_\_\_\_

Homeroom: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ I'm aware that Creative Health Services may share information about my child with the 5/6 SAP Team.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Home Address: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_ Email: \_\_\_\_\_

\_\_\_\_\_ I am also interested in receiving information on parenting workshops.

\*\*\* You can print and scan the form or use the pdf reader fill and sign tool (on the right hand side) to sign the form electronically. If you are typing, please use a font that looks like a signature.