

# SEASD MONTHLY MEAL PLANNER : June 2022

Grades 1 thru 8

Food Service Director: Scott Orsini

Email: [Sorsiiic@spring-ford.net](mailto:Sorsiiic@spring-ford.net) Phone: 610-705-6118



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	<b>30</b> Waffles w/ Sausage  <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Pears with	<b>31</b> Chicken Tenders  <u>VEG Of The Day</u> Broccoli <u>Fruit of the Day</u> Mixed Fruit with	<b>1</b> Mozzarella Sticks  <u>VEG Of The Day</u> French Fries <u>Fruit of the Day</u> Apple sauce with	<b>2</b> Chicken Patty Sandwich  <u>VEG Of The Day</u> Sweet Potato Tots <u>Fruit of the Day</u> Peaches with	<b>3</b> Beef Nacho  <u>VEG Of The Day</u> Black Beans <u>Fruit of the Day</u> Cupped Blueberries with
	<b>6</b> French Toast Sticks w/ Sausage  <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Pears with	<b>7</b> Grill Cheese  <u>VEG Of The Day</u> Corn <u>Fruit of the Day</u> Mixed Fruit with	<b>8</b> Pizza Bagels  <u>VEG Of The Day</u> Celery Sticks w/dip <u>Fruit of the Day</u> Apple sauce with	<b>9</b> Chili Mac & Cheese  <u>VEG Of The Day</u> Bake Beans <u>Fruit of the Day</u> Peaches with	<b>10</b> Chicken Tenders  <u>VEG Of The Day</u> Waffle Fries <u>Fruit of the Day</u> Cupped Blueberries with
WEEK 3					

From: Food Service Department

*It has been an absolute pleasure to provide all of your children the best meal & nutritional service we can provide. Please ensure to have a fun and safe summer as we look forward to seeing the students in September.*

Summer Fun



## JUNE 2022 PROMOTIONS



**June 1 2022 is World Milk Day so be sure to take a flavored milk for breakfast & Lunch**



**June 3 2022 is National donut day. Please be sure to look for our breakfast items that day.**

**If there are any questions or concerns for the 22-23 school year please feel free to reach out to Scott Orsini at [sorsiiic@spring-ford.net](mailto:sorsiiic@spring-ford.net)**



**Milk Available Daily :  
Fat Free Chocolate Milk or 1% White Milk**

## Daily Alternative Hot Lunch

Chicken Nuggets w/ Dinner Roll,  
Cheese burger or Pizza

## Daily Alternative Cold Lunch

Turkey & Cheese on Club Roll  
Ham & Cheese on Club Roll  
Spring Ford Salad offered daily

## Daily alternate Fruit & Vegetables

Mini Bagged Carrots , Sliced Apples