Spring-Ford Area School District

High School Breakfast Menu

June 2022

	Monday	Tuesday	Wednesday	Thursday	Friday
30	French Toast w/ Syrup	Pancakes w/ syrup	1 Waffle w/ syrup	French Toast w/ Syrup	Blueberry Waffles w/ syrup
	Cupped Fruit : Pears	Cupped Fruit : Mixed Fruit	Cupped Fruit : Applesauce	Cupped Fruit : Peaches	Cupped Fruit : Blueberries
6	French Toast w/ Syrup	7 Pancakes w/ syrup	8 Waffle w/ syrup	9 French Toast w/ Syrup	10 Blueberry Waffles w/ syrup
	Cupped Fruit : Pears	Cupped Fruit : Mixed Fruit	Cupped Fruit : Applesauce	Cupped Fruit : Peaches	Cupped Fruit : Blueberries





Available Daily

- ASSORTED HOT BREAKFAST SANDWICHES SERVED DAILY
- MUFFINS
- POP TARTS, ASSORTED YOGURTS, AND ASSORTED CEREAL
- ASSORTED FRESH FRUIT SIDES: , APPLES, & ORANGES
- ADDITIONAL FRUIT DAILY: RAISINS
- 100% ORANGE JUICE, FRUIT JUICE AND APPLE JUICE
- MILK: FAT FREE CHOCOLATE, SKIM OR 1% WHITE









