



Athletic Newsletter

March 12, 2021

SPORTS UPDATE

High School Tryouts begin on Monday, March 22, 2021*

Middle School Tryouts begin on Monday, March 29, 2021*

Dates are subject to change.

Spring Sports Registration MUST be completed two weeks before tryouts begin. Please make sure the online is completed before you turn in PIAA Section 5 Health History and PIAA Section 6 CIPPE Physical.

** Please email the coach if you plan on trying out so they can check on your registration before tryouts begin. They need your name, grade, email and phone number.

SPECIFIC HIGH SCHOOL TRYOUT INFORMATION

HS Softball (grades 9-12) Coach Hughes, SFHS room 299 thugh@spring-ford.net

- March 22, 2021 is the official start date for tryouts.
- Preseason workouts will start as soon as weather allows.
- PLEASE, send me an email if you are interested in trying out this year. *I would like to have YOUR email and YOUR PARENTS email, name, grade and contact number.

Boys Tennis (grades 9-12) Coach Brennan, SFHS room 292, jbren@spring-ford.net

Anyone interested in trying out for Boys Tennis please email coach Brennan.

HS Baseball (grades 10-12) Coach Harrison, rharr@spring-ford.net

Tryouts will be held March 22-25 from 3-5:30 pm at RAM Stadium. Players should come to tryouts dressed prepared and have their own water bottle, there will be no locker room access. If inclement weather, be prepared for indoor tryouts at Complete Game.

- Any 9th grader interested in trying out for JV or Varsity baseball should contact Coach Harrison at rharr@spring-ford.net. You do not need to tryout for JV/Varsity to tryout for the 9th grade team.

9th Grade Baseball—Coach Swavely, SF-9th GC room 309, aswav@spring-ford.net

Tryouts will be held on March 29 and March 30 from 2:45-5:15 pm and March 31 from 12:00-3:00 pm. Students will need to get a ride to practice since there is not school on March 31st.



SPECIFIC HIGH SCHOOL TRYOUT INFORMATION—Cont.

HS Girl's Lacrosse (grades 9 – 12) Coach Holstein, SFHS room 156, khols@spring-ford.net

Tryouts will be from March 22nd to the 24th.

HS Spring Track (grades 9-12) Coach Stauffer, SFHS room 225, dstauf@spring-ford.net

Click [HERE](#) for additional information about Spring Track

HS Boys Lacrosse (grades 9-12) Coach Donnelly, SFHS room 170, kdonn@spring-ford.net

March 22, 2021 is the official start date for tryouts. Preseason workouts will start as soon as weather allows.

HIGH SCHOOL COACH CONTACT INFORMATION

** Please email the coach if you plan on trying out so they can check on your registration before tryouts begin. They need your name, grade, email and phone number.

<i>Sport</i>	<i>Coach</i>	<i>Email</i>
Baseball Coach-HS	Richard L. Harrison Jr	rharr@spring-ford.net
9th Grade Baseball Coach	Adam H. Swavely	aswav@spring-ford.net
Lacrosse Coach-Boys'-HS	Kevin Donnelly	kdonn@spring-ford.net
JV "B" Lacrosse Coach-Boys'	TBD	
Lacrosse Coach-Girls'-HS	Kristi Holstein	khols@spring-ford.net
9th Grade Lacrosse Coach-Girls'	Marissa Moley	mmole@spring-ford.net
Softball Coach-HS	John Timothy Hughes	thugh@spring-ford.net
Tennis Coach-Boys'-HS	John A. Brennan	jbren@spring-ford.net
Track Coach-Boys' & Girls'-HS	Danielle Stauffer	dstau@spring-ford.net

SPECIFIC MIDDLE SCHOOL SPORTS INFORMATION

Middle School Tryouts begin on Monday, March 29, 2021

MS Tryout dates are subject to change.

7th and 8th Grade Boys Lacrosse

7th and 8th Grade Boys Lax tryouts will be held April 6th, 7th, and 8th.

In person students please arrive at the 9th grade center locker room at 3pm. 7th graders should take the activity bus to the 8th grade center then walk to the 9th grade locker rooms.

Virtual students please have a ride drop you off at 3pm at the 9th grade center locker room.

Players should have a ride ready for them at the 9th grade center at 4:30 each day for pick up.

All players must have their clearances completed, submitted, and input into the system in order to try out.

Any player without ALL paperwork completed and submitted will not be permitted to participate.

Players should bring all gear to try outs.

Any questions please contact Coach Marcellus at jmarc@spring-ford.net.

7th and 8th Grade Girls Lacrosse

Girls interested in 7th and 8th grade Lacrosse should email Coach Burger at mburgercoach@gmail.com

MS Baseball (grades 7-8) - tryouts will be held at the 8th grade center

- 7th grade tryouts will be Tuesday, April 6 - Friday, April 9
- 8th grade tryouts will be Monday, April 12 - Wednesday, April 14

Tryouts will go from 3-5:30pm. Players should meet outside the 8th Grade Center Auxiliary Gym Stairs. 7th grade students who are attending in-person learning should board the activity bus after 7th period, and ride over to the 8th Grade Center. Students who are virtual should be dropped off at the 8th Grade Center as close to 3pm as possible. Please make sure to email your student name and parent contact info to Coach D'Orazio (7th grade) at: jdora@spring-ford.net or Coach Heffernan (8th grade) at: mbheffernan@pvsd.org

MS Softball (grades 7-8)

Tryout Dates: 8th Grade: **March 29th, 30th and April 6th** (No Tryout Dates over Spring Break

7th Grade: **April 7th, 8th, 9th**

Tryouts are from 3-5:30pm. Students Meet outside the 8th Grade Center Auxiliary Gym Stairs. Must be available for all three days of tryouts. 7th Graders who are attending in-person learning should board the activity bus over to the 8th Grade Center. Students who are virtual should be dropped off at the 8th Grade Center as close to 3pm as possible. To be updated on any weather related changes, please make sure to email your student name and parent contact info to Coach Avans at: julavans@gmail.com or Coach Templeton at mtemp@spring-ford.net.

MIDDLE SCHOOL COACH CONTACT INFORMATION

** Please email the coach if you plan on trying out so they can check on your registration before tryouts begin. They need your name, grade, email and phone number.

<i>Sport</i>	<i>Coach</i>	<i>Email</i>
Baseball Coach (8th Grade)	Michael B. Heffernan, Jr.	mbheffernan@pvsd.org
Baseball Coach-(7th Grade)	James Laky	jlaky@spring-ford.net
Baseball Coach (7th Grade)	Joseph D'Orazio	jdora@spring-ford.net
Lacrosse Coach-Boys' (8th Grade)	TBD	
Lacrosse Coach-Boys' (7th grade)	Jason Marcellus	jmarc@spring-ford.net
Lacrosse Coach-Girls' (8th Grade)	Maureen Burger	mburgercoach@gmail.com
Lacrosse Coach-Girls' (7th Grade)	Shelby Iezzi	sjiezzi@gmail.com
Softball Coach (8th Grade)	Mark E Templeton	mtemp@spring-ford.net
Softball Coach (7th Grade)	Julia Avans	julavans@gmail.com
Softball Coach (7th Grade)	Mark Templeton	mtemp@spring-ford.net
Track Coach (7/8th Grade)	TBD	

Student Activity Fee's

Student Activity fee information is in the newsletter dated February 18, 2021. They will be collected through School Pay, you will be notified by email after the rosters for each team has been set. Payments must be made online, no cash or checks accepted.

Additional Information for all grade levels

Once we have the team roster, we will contact you by email with the following information:

1. Covid Participation link – this must be completed for your student to participate in sports, parent and student signature required.
2. Student Activity Fee – Instructions for how to pay the fee on School Pay.
3. Spectator information for Spring Sports.