SFASD MONTHIY breakfast Planner:



NOTICE TO CONSUMERS Please communicate any food allergies to an employee of this establishment and allergy information to the Person In Charge or Certified Prodection Manageron duty at this establishment. **WIDPH**

THURSDAY MONDAY TUESDAY WEDNESDAY FRIDAY 31 3 2 Coco Cereal Bar **Glazed Donuts** Pancakes w/svrup Egg & Cheese English Muffin Or Or Or Or -Assorted Cereal Served w/ Assorted Cereal Served w/ WEEK Assorted Cereal Served w/ cheese Assorted Cereal Served w/ MEMORIAL cheese stick cheese stick REMEMBER & HONOR Fruit of the Day Fruit of the Day **+** Blueberries Fruit of the Day **Cup Fruit Cocktail** Fruit of the Day **Cup Apple sauce** 8 9 6 10 **Chocolate Chip Muffin** Cherry Frudel Pancakes w/ Svrup Waffle w/ svrup Egg & Cheese English Muffin Or Or Or Or Or 2 Assorted Cereal Served w/ cheese WEEK Assorted Cereal Served w/ cheese Assorted Cereal Served w/ cheese stick Assorted Cereal Served w/ Assorted Cereal Served w/ cheese stick Fruit of the Day **Cup Apple sauce** Blueberries **Cup Pears Cup Fruit Cocktail Cup Peaches** What Makes A SCHOOL BREAKFAST Healthy Habbi WELCOME hfasta R 202a 3 Summer -National WEEK SUMMER ImE Donut 2022 Choose at least 3 Food Items Jau 😂° 🙈

From: Food Service Department

It has been an absolute pleasure to provide all of your children the best meal & nutritional service we can provide. Please ensure to have a fun and safe summer as we look forward to seeing the students in September.



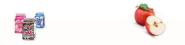
AVAILABLE DAILY

Fruits offered Daily: such as sliced apples, orange wedges, raisins

Sugar free Juice selection offered: orange juice, apple juice & fruit punch

Milk offered: 1% White milk, Fat Free chocolate milk

Cereal: Cheerios, Cinn toast, Cocoa Puffs, Golden Grahams, & Lucky Charms served w/animal crackers or Graham crackers Meat/ALT Cheese Stick (Due to supply chain issues all cereals may not be offered at all times)



For detailed menu and nutrient information visit <u>Spring-Ford.Nutrislice.com</u>. Menus are subject to change without notice. This institution is an equal opportunity provider.



Daily Breakfast Prices:

All full Breakfast Meals will not be charged to the student for 2021–2022 school year.

A meal includes entrée, fruit side or fruit juice and choice of milk. To make a meal, students must select 3 or 4 items and at least one item must be a 1/2 cup of fruit.

Even though meals will not be charged to the student for the 21-22 school year you are still recommended to apply for Free & Reduce meal applications witch can be found on the Spring-Ford website.

> Food Service Director: Scott Orsini Email: Sorsiic@spring-ford.net Phone: 610-705-6118