






# SEASD MONTHLY MEAL PLANNER : June 2021 Grades 8th & 9th

Food Service Director: Scott Orsini  
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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1		<b>1</b> Waffles Served W/ Sausage  <i>with</i> <u>VEG Of The Day</u> Hash Brown <u>Fruit of the Day</u> Sliced Oranges	<b>2</b> 	<b>3</b> Loaded Nachos  <i>with</i> <u>VEG Of The Day</u> Rice & Beans <u>Fruit of the Day</u> Cupped Fruit	<b>4</b> Big Daddy's Pizza  <i>with</i> <u>VEG Of The Day</u> Smiley Tots <u>Fruit of the Day</u> Grapes
WEEK 2	<b>7</b> French Toast Sticks Served W/ Sausage  <i>with</i> <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	<b>8</b> Spaghetti w/ Meatballs  <i>with</i> <u>VEG Of The Day</u> Fresh Broccoli <u>Fruit of the Day</u> Sliced Oranges	<b>9</b> 	<b>10</b> Cheese Ravioli w/Marinara Sauce & Bread Stick  <i>with</i> <u>VEG Of The Day</u> Broccoli Florets <u>Fruit of the Day</u> Cupped Fruit	<b>11</b> Hot Dog Day  <i>with</i> <u>VEG Of The Day</u> Baked Beans <u>Fruit of the Day</u> Fresh Strawberries
WEEK 3	<b>14</b> Pancakes W/ Sausage  <i>with</i> <u>VEG Of The Day</u> Hash Browns <u>Fruit of the Day</u> Cupped Fruit	<b>15</b> Ham & Cheese Melt  <i>with</i> <u>VEG Of The Day</u> Celery Sticks <u>Fruit of the Day</u> Sliced Oranges	<b>16</b> 	<b>17</b> Tony's Deep Dish Pizza  <i>with</i> <u>VEG Of The Day</u> Smiley Tots <u>Fruit of the Day</u> Cupped Fruit	
WEEK 4	<i>with</i>	<i>with</i>	<i>with</i>	<i>with</i>	<i>with</i>
WEEK 5	<i>with</i>	<i>with</i>	<p>Depot Schedule for March will remain the same. Distribution will be on Mondays, Wednesdays &amp; Fridays . Locations will be at Limerick <u>and</u> 5,6,7 Building . Depot times will be from 4:15 to 6:00. . If you have any questions please contact Scott Orsini at <a href="mailto:sorsiic@spring-ford.net">sorsiic@spring-ford.net</a></p> <div><p><u>Mondays Distribution</u> Meal #1 Tuesdays menu / Meal #2 Wednesdays menu <u>Wednesdays Distribution</u> Meal #1 Thursdays Menu / Meal #2 Fridays Menu <u>Fridays Distribution</u> Meal #1 Mondays Menu / Meal #2 Requested Weekend meals</p></div>		



[Breakfast Weekly Menu](#)

Monday— Assorted Cereal w/ Graham Crackers

Tuesday— Chocolate Chip Muffins

Wednesday— Egg Sandwich on English Muffin

Thursday— Bagel & Cream Cheese

Friday — Assorted Cereal Bars w/ Animal Crackers

**Each item will be served along with :**

**Fruit of the day,**

**Flavored milk,**

**Flavored 4oz juice.**

[Alternative Daily Hot Entrée Items](#)

Home style Chicken Patty sandwich –w/ Vegetable & Fruit choice

Spicy Chicken Patty sandwich –w/ Vegetable & Fruit choice

Cheeseburger –w Vegetable & Fruit choice

Cheese Pizza-w/ Vegetable & Fruit choice ( Vegetarian)

[Alternative Cold Lunch Menu](#)

Monday— Turkey & Cheese hoagie

Tuesday— Garden salad

Wednesday— Buffalo Chicken Wrap

Thursday— Caesar salad

Friday — Ham & Cheese served on a club roll

