



# Principals' Page



WINTER EDITION 2020

Mrs. Heather Nuneviller, Principal

Mr. Philip Leddy, 5th Grade Principal  
Mr. Jerry Rogers, 6th Grade Principal

Dr. Jen Rinehimer, 7th Grade Principal

## Upcoming Events

1/16	Home & School Meeting, 6:30	2/5	Wear crazy socks
1/20	School Closed	2/6	Wear your favorite character shirt
1/22	MS Variety Show, 7:00 at the 9th Grade Center	2/7	Wear blue and gold
1/24	End of 2nd Marking Period (Tentative)	2/14	5/6 Parent/Teacher Conferences
1/28	5/6 "Souper Bowl" Week		7th Grade In-Service
2/3	Wear your favorite color and jeans	2/17	School Closed
2/4	Wear your favorite sweats	2/21	7th Grade Dental Exams

## National School Counseling Week 2019

The Spring-Ford School Counseling Department strives to help students succeed academically, socially and emotionally by instilling the skills and attitudes needed in their everyday lives. Talk with your child about these qualities and character traits. Students and staff are encouraged to "wear" the spirit of success the week of February 3rd!

- |                |                                                                 |
|----------------|-----------------------------------------------------------------|
| Monday, 2/3    | You're a "Jean"ius—Wear your favorite color and jeans to school |
| Tuesday, 2/4   | Respect Your Body—Wear your favorite sweats                     |
| Wednesday, 2/5 | Put Your Best Foot Forward—Wear your favorite crazy socks       |
| Thursday, 2/6  | Character Counts—Wear your favorite character t-shirt           |
| Friday, 2/7    | Be a Team Player—Wear blue and gold                             |



## "Souper Bowl" Week Scheduled



Each year during the week of the NFL's Super Bowl, the Spring-Ford 5th/6th Grade Center holds a "Souper Bowl" of its own. Students are asked to bring non-perishable/canned goods to school and drop them off in the main lobby. For every item donated the student will have the opportunity to vote for the football team that they think will win the NFL Super Bowl. It's always fun to watch the friendly rivalries develop and to see the students who voted for the NFL Super Bowl winning team gloat come Monday. All donated items will benefit Project Outreach.

## Middle School Students to Showcase Talents

Seventh and Eighth grade students are excitingly preparing for the annual talent show. This year we have several amazing acts that show the true talents of our students. We have several singers with such talent and courage to showcase some amazing songs. We have musical artist that have mastered their skills on the piano and guitar. We also have students that will be dancing, contortion and impersonations. Come out to the 9<sup>th</sup> Grade Center auditorium on January 22<sup>nd</sup> at 7pm for an amazing show. Tickets are \$3 at the door and doors open at 6:40.



## Healthy New Year's Resolutions for Kids

- I will clean up my toys, and keep my room in good order.
- I will brush my teeth twice a day and wash my hands before eating and after using the bathroom.
- I will drink more milk and water, and limit soda and fruity drinks.
- I will apply sunscreen before going outdoors.
- I will find a sport or activity that I like, and do it at least three times a week.
- I will always wear a helmet when bicycling or boarding.
- I will wear my seatbelt every time I get into a car.
- I'll be nice to others, and friendly to kids who need friends – like someone shy or new at school.
- I'll never give out personal information or pictures of myself to strangers or over the internet.



*From the Desk of Mr. Leddy.....*



# 5th Grade News



January 2020

## LETTER FROM MR. LEDDY

Happy New Year Spring-Ford Rams!

Welcome back from the holidays! I hope everyone had an opportunity to enjoy their vacation. Winter Break provides a much needed opportunity to connect with family and recharge for the New Year.

The second marking period comes to an end on January 24th. Keep in mind that there is still time to bring grades up with some extra determination, but also time enough for grades to slip if effort falls off. You can continue to support your child's academic performance by regularly checking in with them and consulting information available on Skyward.

Lastly, let's take a moment to look at New Year's Resolutions. Every New Year provides us with endless possibilities for new beginnings. Did you make a resolution for yourself? A fitness goal? An intellectual goal? A goal for creating greater balance? New Year's Resolutions provide a great opportunity for you to help your child to better understand that we all have the power to change the things in our life that we want to improve. Think about the goal of being a successful student, what shift does your child want to make to improve themselves as a student? Keep in mind, simply saying, "I will do better in math," is not a Resolution – it's just a dream if there's no concrete plan with measurable goals set for making this change. A better Resolution might be: "I will practice every math problem that I found difficult in class even if they are not assigned as homework." Help your child choose an Academic New Year's Resolution that is realistic and encourage him/her to stick to it. Each and every study skill that your child can develop while practicing in school will be of great value once he/she is challenged to achieve at a level where the stakes are much higher.



## GUIDANCE DEPARTMENT UPDATE



During the month of December, the School Counselors will be meeting with every homeroom in January to talk about bully prevention. They will review what bullying looks and sounds like and the roles people may play in a bullying situation. Students will learn strategies to help them prepare to become defenders if they ever witness bullying. Just one student taking action to speak out, help the target, or tell an adult can make a big difference!

## HOLIDAY FUN



On December 20th we had many fun holiday activities throughout the building. Before they headed home for their Winter break, 5th grade students in Mrs. Megill's class spent a part of their day building and decorating Gingerbread Houses. A good time was had by all, and it was a great way to end the day!

*From the Desk of Mr. Rogers.....*



# 6th Grade News



January 2020

## LETTER FROM MR. ROGERS

The end of school before break was very active here with activities for the students, hallway and door decorating activities and other festivities to encourage relationships with students and to promote holiday spirit. What a great time it was for everyone!

It is hard to believe that we are already through this holiday season and moving to the mid-way point in the school year. We are now approaching the end of the second marking period. If you have not been doing so already, we encourage you to utilize Skyward to keep up on grades, assignments, etc. especially if your child has been struggling academically.

At the midpoint in the school year it is often a good time to reflect on a few goals that your son or daughter might have for the remainder of the school year. Students often have aspirations of improving their test scores, study skills, or making new connections with friends they encounter on a daily basis. Whichever of these goals your students shares with you or if they do not yet have a goal for the rest of the year, please support your child in their vision of success for the remainder of the year.

In addition and as always, please utilize our staff to support you in your child's education and please do not hesitate to reach out to us if you need anything moving forward.

Thank you!



# 6th Grade Hersheypark Field Trip

Once again, the 6th grade will take our annual field trip to Hersheypark!! The dates will be May 26, 27 and 28. This is always an exciting trip for students and is a wonderful opportunity to close out the 2019-2020 school year with an awesome event! Please stay tuned for informational flyers and permission slips that will be distributed shortly. Thank you!



# **Guidance- Counselor's Corner**

## Mean vs. Bullying

What is the difference?

When mean behaviors happen, it is important to hold students accountable for being mean. It is important for everyone to have a clear understanding of the difference between mean and bullying, as there would be different interventions associated with each.

Mean = Purposefully saying or doing something to hurt someone.

Example: Criticize clothing, appearance, intelligence, coolness.

When it comes to bullying, there are three key elements:

- Intent to harm
  - Power imbalance
  - Repeated acts or threats  
of aggressive behavior



Kids who are bullying say or do something intentionally hurtful to others and they keep doing it, with no sense of regret or remorse — even when targets of bullying show or express their hurt or tell the aggressors to stop.

It is important to know the distinction so that we are able to understand when and how to intervene. In some cases where students are being mean, it would be appropriate to bring both parties together for a peer mediation. However, in cases of bullying, you would never use this intervention as it would not be appropriate. As adults, we need to make sure we are using the appropriate language so that our children are hearing a consistent message.

*From the Desk of Dr. Rinehimer.....*



# 7th Grade News



January 2020

## Letter From Dr. Rinehimer

Hello 7th Grade Students, Parents, Guardians, and Families,

Welcome back! I hope you had a relaxing break. Last year and the year before I asked several students to share their goals for the New Year, so I thought I would do the same this year. They shared goals, but also excitement for the upcoming year and getting one step closer to high school.

"I want to do my chores at home."

"I want to do a better job managing my time after school so I can study."

"I want to try to put down my phone and stay off of social media."

"I want to get my homework done as soon as I get home from school."

"I want to try out for a sport or join a club."

"I want to manage my time better."

"I want to turn in all of my classwork."

I hope that all students are able to achieve their goals and I am looking forward to a great 2020.

Warmly,

Jennifer Rinehimer



## Counseling Connection

The 7th grade school counselors: Delores McCarter (A-L) and Patty Flynn (M-Z) wanted to share a counseling update.

The Guidance Department is excited to start 2020 getting our students ready for the second half of the school year. Before Christmas break we coordinated programs through our Friends & the Community and Aveidum groups here at the 7GC, raising money to support our families for the holidays. Students purchased candy canes to share with their friends and teachers sponsored a star to help a student as well as participated in dress down days for the cause. This class of 2025 is generous and supportive of one another! Our focus in January is to get students back on track for educational success as we round out the second marking period. As usual, we will support our students through grade checks and continue with our lessons on career awareness. Before you know it, we will be preparing for PSSA testing!