



EVANS ELEMENTARY SCHOOL

Welcome to Spring-Ford's Pro-Social Skills Program!

The following are the most frequently asked questions pertaining to this program. A copy is provided to all elementary students within the school district.

What do we mean by the term pro-social skills?

This is a program designed to develop social skills necessary for students to become successful and contributing citizens.

Why do we teach pro-social skills?

The Spring-Ford Area School District promotes a positive sense of self in students by reinforcing pro-social skills. When a pro-social skills program is combined with a consistent discipline program, significant gains are seen with behavior and academic concerns.

How are pro-social skills incorporated into the curriculum?

The pro-social skills curriculum units are selected by each individual building to meet the needs of their student population. Each building principal will determine the guidelines for including this program in the teachers' lesson plans.

What materials are available for this program?

Each elementary school has a pro-social curriculum guide designed to fit the needs of their school. This curriculum is supplemented by materials available in the media center or guidance office of your school. The materials used most frequently are videos on character-building exercises and a variety of fiction and non-fiction stories.

Are teachers held accountable to teach these skills?

Every elementary classroom teacher provides pro-social skills lessons. Lessons can be taught using many different formats: individual class lessons, combining classes, using buddies, small and large groups or assembly programs.

Are there resource professionals to assist teachers in teaching this program?

There is a district pro-social skills committee as well as an individual committee at each elementary building. All of these professionals can guide teachers in teaching this program. In addition, each teacher is given materials to use within their classrooms.



**Pro-Social Skills
Are Important
Life Skills!**

Pro-Social Skills

Examples of skills that may be taught...

Classroom Survival Skills

- ☺ Listening
- ☺ Following Directions
- ☺ Asking for Help
- ☺ Responsibility (be prepared, behavior management)



Friendship-making Skills

- ☺ Honesty
- ☺ Sharing
- ☺ Interacting with others
- ☺ Communication (listening, talking)



Skills for Dealing with Feelings

- ☺ Expressing your feelings
- ☺ Recognizing and understanding the feelings of others



Conflict Resolution

- ☺ Using self-control
- ☺ Accepting consequences
- ☺ Problem Solving



Coping Skills

- ☺ Dealing with failure/success
- ☺ Stress Management



District Mission Statement:

The Spring-Ford Area School District, in cooperation with home and community, is committed to promoting academic excellence in a safe learning environment, recognizing the diverse needs of all students and empowering them to become lifelong learners and contributing citizens.