



December 2022 Newsletter

RES Families!

As we head into the busy month of December, we begin to prepare for the excitement of the holiday season and our winter break. We hope that you will take some time during the winter break to connect and spend time with family and friends. Our school is truly a community filled with kindness, compassion, and friendships. We would like to thank all of our families for their continued support and for sharing your children, our treasured gifts!

The New Year will bring new learning experiences, new challenges, and new adventures. I wish all of our RES family's peace, joy, and happiness during the holiday season and throughout the New Year. I look forward to a fantastic new year!

Dr. Teresa M. Carboy

WINTER HOLIDAY CONCERT -

With the approach of our holiday season comes the fabulous winter concert presented by our Third Grade Students and Mrs. Kay Clauss! Each 3rd grade class has been hard at work over the last few weeks learning several holiday songs. This year the performance will take place on Tuesday, December 13th at 6:30 pm. Students are asked to arrive by 6:15 in their concert attire (no jeans and t-shirts please) and report to the music room. Parents should go directly to the all-purpose room.



Concert Etiquette Tips to share with your kids:

- Refrain from talking during the performance
- Remain seated during a musical selection
- Turn off or silent all electronic devices
- Applause at the end of each selection is appreciated
- Please remove a disruptive child from the room if possible

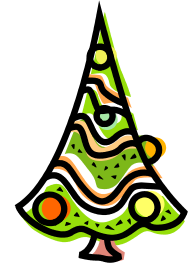
IT'S BACK FOR ANOTHER YEAR OF FUN !!!!!



Once again, the RES PTO Gingerbread house contest is getting ready to begin! There will be two categories, Student House and Family House with gift cards as prizes. Flyers will be going home detailing the rules and categories. So, start getting your creative ideas ready!

HELP US HELP OTHERS

During the month of December RES is hosting the Giving Tree project again this year. The purpose of the Giving Tree is to come together as a school community to assist RES families who need help for the holidays. Donations are being accepted now through December 9th. Each child who makes a donation will be given an ornament kit to take home to assemble. The ornament will be brought back and hung on the Giving Tree. The children will be given their ornament to take home prior to leaving for winter break. The ornaments serve as a visual reminder of the generosity of our RES families.



Please consider donating to this worthy cause!

LET IT SNOW, LET IT SNOW, LET IT SNOW..... Winter weather is not far away so it is important that you have your Skylert account up to date with all your current phone numbers as well as email address' in the event that we have a delayed opening, closing or cancellation of school. In the event of a two hour delay, Morning Kindergarten and Grades 1—4, school will begin at **11:00AM**. Those students in PM Kindergarten, school will begin at **2:00PM**.



Also please be sure to send your kids to school with the proper attire for outside recess. Our district wide recess policy is as follows:

- We will use WeatherBug (which averages the wind chill) as a tool to make a decision regarding recess for students.
- If the wind chill is below freezing, but above 20 degrees, lunch recess is at half time (15 minutes.)
- If the wind chill is 20 degrees or lower, students do not go out at all for recess.
- High winds (sustained winds of 15-18 MPH or greater) regardless of the temperature cancels recess.
- Weather decisions related to recess will be announced before 11 am when the weather is questionable.

GOLDEN AWARDS

Once again this year our special area teachers will award various homerooms for good behavior during our virtual celebration assemblies which are held at the end of each marking period. Homerooms receive a special trophy that they hold on to for an entire marking period.



The 1st marking winners are as follows:

Golden Book:	Ms. Michener (K-2)	Mrs. Trimble (3-4)
Golden RAM Quest:	Mrs. Pogash (K-2)	Mrs. Trimble (3-4)
Golden Note:	Mrs. Vaccaro(K-2)	Mrs. Weise (3-4)
Golden Sneaker:	Ms. Nealon (K-2)	Mrs. Trimble (3-4)
Golden Paintbrush:	Mr. Ferko (K-2)	Mrs. Zatko (3-4)

*****REMINDER*****

NEW DATE FOR MAIN STREET SHOPPING!

RES MAIN STREET SHOPPING EVENT

Rescheduled!!! December 7th, 4-6pm



Sip some hot chocolate by the
Royersford Borough Tree at 306 Main Street
courtesy of the **RES PTO**
plus write and decorate letters to Santa!



Thank you to the **Royersford Business Association**
and **Spring-ford Area Historical Society**
for donating the supplies!

Cranberry Street Boutique

20% donated when
RES is mentioned!

Brewed Awakening

Staying open
for RES!

Rust & Sparkle

Staying open
for RES!

Other stores expecting us:

Calhoun Jewelers
Handel's
Julia's Gems & Jewelry
Keystone Land & Sea
True Blue Bakery



RSV, the Flu and Covid-19

You have probably been hearing that we are gearing up for another winter with 3 viruses now to contend with. Let's go over the basics first: RSV, flu and Covid-19 are all respiratory viruses – viruses that affect your respiratory system. *Cough, runny nose and fever are common to all respiratory viruses.* But there are some subtle difference between the three.

Symptoms unique to RSV

RSV is a virus nearly all children get by age 2. In addition to cough, runny nose and a fever, a unique symptom of RSV is *wheezing*. A wheeze sounds like a whistle or a rattle when you child breaths. Most children recover from RSV on their own, but sometimes it can lead to severe illnesses such as bronchitis or pneumonia. RSV can infect people of any age but it is most serious for children under 5 and older adults.

Symptoms unique to the Flu

A distinctive sign of the flu is a very high fever. Along with other respiratory symptoms, the flu often causes high fevers of 103 or 104. People usually feel miserable, more so than other viruses. The flu can also include nausea and vomiting. Complications of the flu can include: dehydration, pneumonia and sinus or ear infections.

Symptoms unique of Covid-19

The signs of Covid are similar to flu and RSV. Unlike other viruses, Covid can have a serious effect on body systems outside the lungs, even after the respiratory symptoms are gone, such a brain fog.



My child is sick, now what?

If your child has a runny nose, cough and a fever, a Covid test is a good first step. Knowing if your child has Covid can help you protect other family members and prevent the spread outside of your household.

Early identification of the flu could help people get the early treatment with a medication called *Tamiflu* which significantly reduces how long you're sick with the flu.

A diagnosis of RSV could help you know when to keep your child out of daycare. This could protect other children from RSV which spreads rapid in childcare settings.

Co-Infection

Co-infection – when you have multiple viruses at once – is common in children. There is no evidence that having more than one virus leads to worse symptoms or outcomes. Providers treat infections the same way, whether there are three, two or one.

How to prevent Respiratory Viruses

One thing that Covid has taught people is how to prevent viral illnesses!

- It is highly recommended that you have your child vaccinated for the flu and Covid-19, if eligible.
- Sanitize high contact surfaces if someone in your household is sick.
- Wash your hands regularly or use hand sanitizer.
- Stay home if you are not feeling well and keep your child home from school if they are sick.



When to call your Doctor

Children usually recover from respiratory viruses on their own with rest and fluids. Reach out to your child's doctor if they have:

- Trouble breathing
- Severe vomiting and diarrhea to the point that they are not eating or drinking
- Symptoms that are not improving or, are getting worse after 5 days.

Also, check with your child's provider if your child has any underlying health conditions such as:

- Cancer
- Heart Conditions
- Immune deficiency
- Lung diseases such as asthma or cystic fibrosis

**HANG IN
THERE**



If you are confused about what to do or if your student should come to school, you can always reach out to your school nurse, me!

Nurse Schauder

610-705-6143

rscha@spring-ford.net

Did you know...



- We sold a total of \$2,068.80 in our Fun Pasta Fundraiser and from that our school will make \$800.82. Mangia!



AND

- On November 28 our students were treated to an assembly entitled The Kindness Quest. The assembly is an uplifting celebration of community and friendship that takes the students on an interactive adventure. They solved puzzles and explored laser animated worlds, while learning the importance of self-awareness, empathy, and compassion. The show highlights that self-awareness, empathy, and compassion are the foundation of kindness in a positive, inspiring way.

DATES TO REMEMBER:

- Dec 6 – T-Shirt Tuesday (Wear your school shirt)
- Dec 7 – Main St. Shopping Event 4:00pm-6:00pm
- Dec. 9 – Staff Festive/Ugly Sweater Day (winners chosen by students)
- Dec 12 - Gingerbread House Drop off 8:30-9:00am & 4:00-5:30pm
- Dec 13 – Gingerbread House Drop off 8:30 - 9:00am
- Dec 13 – 3rd Grade Winter Concert 6:30pm
- Dec 19 - 23 – Holiday Spirit Week
 - Monday: Wear your favorite hat/scarf
 - Tuesday: PJ Day! Wear your holiday PJ's
 - Wednesday: Wear something sparkly, shiny, white or bright!
 - Thursday: Wear you favorite holiday colors
 - Friday: Wear your favorite holiday sweater
- Dec 22 – Gingerbread House pick up 8:30am-9:00am and 4:00pm – 5:30pm
- Dec 24 – Tuesday, Jan 2 School Closed for Winter Break

We'll see everybody back on January 3rd, 2023

HAPPY NEW YEAR!

