



Character
through the
ARTS





Ten years ago I was a final year medical student revising frantically from a textbook that medics call the “cheese and onion”. As I got off the train someone came up to me and asked, “When are they?” “Next week,” I replied. “Good luck,” he offered, with an encouraging smile. It was such an amazing feeling to be reached out to like that. Ten years on, I keep my eye out for someone reading a cheese and onion to have my chance to wish them luck.



I was sitting opposite a little girl wearing glitter face paint after a party. She wanted to take the itchy sparkles off, but her mum didn't have a tissue. A very dusty builder standing nearby pulled a packet of facewipes out of his bag and offered them. They laughed and thanked him.





Name/Code: _____

What was the act of caring you observed?
Remember to list the important facts of WHO was involved
(without using names) and WHAT happened and WHERE it
happened and HOW it made you feel.

ACT of Caring

Name/Code: 3-10


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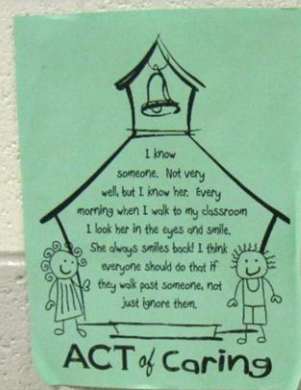
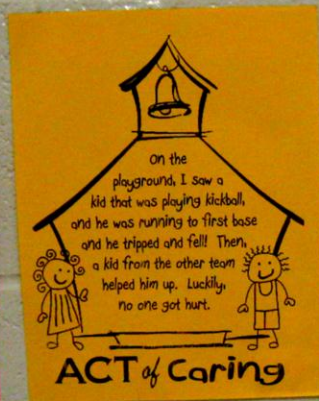
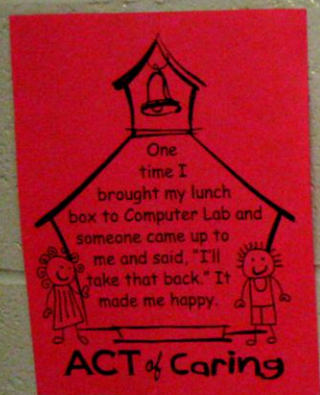
ACT of Caring

When I was in the car, my brother was crying. My brother was crying when my brother was crying. I said thank you to others even if you are in a bad mood.

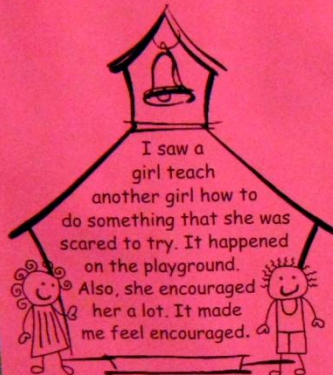
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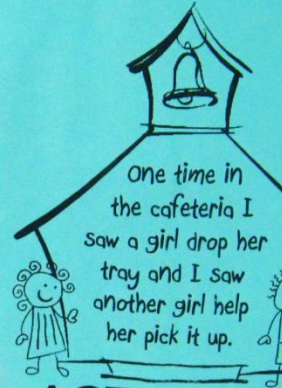




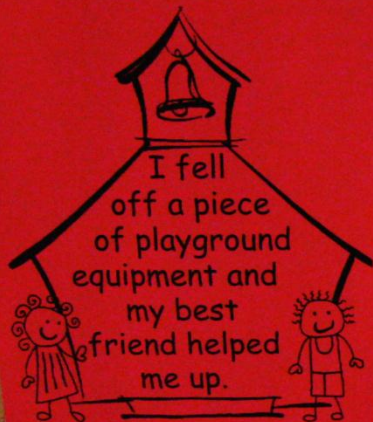
MAIN OFFICE



ACT of Caring



ACT of Caring



ACT of Caring



ACT of Caring



Making a Difference Against Indifference







he wanted to join their group. He said yes. I was alone too, and it made me feel like I wasn't alone.

ACT of Caring

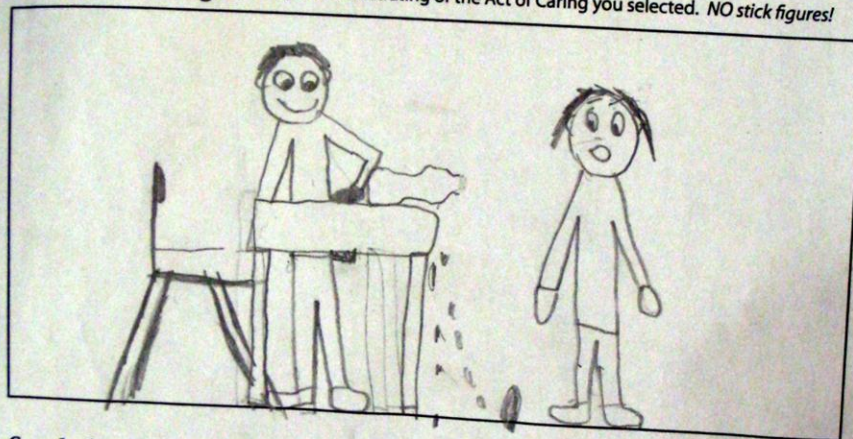
SYMBOLS of Caring

Name/Code: Zach Braver

Act of Caring: Copy the Act of Caring you selected on the lines below.

Once a girl knocked over my water bottle on my desk.
Some water came out. Then she walked over to the sink
and got a paper towel and wiped it up. It made me
feel very, very happy.

Picture of Caring: Draw a picture illustrating the Act of Caring you selected. *NO stick figures!*



Symbols of Caring:

Create three different symbols of the Act of Caring by selecting and changing shapes from your drawing. Keep your symbols simple and neat and BIG— make sure you use the entire space provided. When you have finished drawing your symbols, shade in all of the NEGATIVE space around your shapes. Put a star next to your favorite symbol and be prepared to explain why!

