



Spring-Ford
Athletic Review
Fall 2012

Participation

The numbers displayed are as of the date of the first legal contests as per the PA Disclosure Reporting Act

TEAM	Roster	
Cheerleading	39	
Cross Country – Boys	27	
Cross Country – Girls	21	
Field Hockey – HS	36	
Field Hockey – 9	17	
Football – HS	81	
Football – 9	43	
Golf – Boys	27	
Golf – Girls	21	
Soccer – Boys	45	
Soccer – Girls	48	
Tennis – Girls	32	
Volleyball - Girls	30	
Total	467	

Records

	Overall			Conference		
VARSITY	<u>Won</u>	<u>Lost</u>	<u>Tie</u>	<u>Won</u>	<u>Lost</u>	<u>Tie</u>
Cross Country - Boys'	6	3		6	3	
Cross Country - Girls'	5	4		5	4	
Field Hockey	19	1		15	0	
Football	13	2		8	1	
Golf - Girls'	8	6		6	2	
Golf-Boys'	10	4		9	2	
Soccer – Boys'	15	6	1	10	4	1
Soccer - Girls'	12	5	3	8	3	2
Tennis - Girls'	13	1		8	1	
Volleyball - Girls'	14	5		11	3	
9th Football	10	1		6	0	
9th Field Hockey	1	11	1	1	9	1

Highlights

Cheer- Squad cheered at all home and away varsity football games. Cheered at all home junior varsity and 9th grade football games.

Cross Country – Boys – Michael Cassidy and Paul Power qualified for the PIAA State meet in Hershey, PA.

Cross Country – Girls – Sam Christman qualified for the PIAA State meet in Hershey, PA.

Field Hockey – Undefeated in regular season and PAC 10 Final Four. Won the PAC 10 Championship, 4th conference championship and first since 2001. Received the #1 seed in the District One Tournament, first team in school history to receive such an honor. Gabby Major scored her 100th goal in her career. Alyssa Chillano was named to the Under 21 Pan Am team. Major and Chillano were name All-American. Simone Vagnoni will attend Michigan State University on a scholarship to continue her education and field hockey careers.

Highlights

Football — Defeated Garnet Valley to earn first District One tournament victory for the football program. The team won the next two District One games to advance to the championship game, where they lost to Coatesville who played in the state championship game. Zameer McDowell is the first Spring-Ford player to be selected to play in the PSFCA East-West All Star Game. Seven players received All-State recognition: 3rd Team: RJ Sheldon, Honorable Mention: Tate Carter, Hank Coyne, Jarred Jones, Zameer McDowell, Mason Romano and Robbie Varner.

Golf-Boys' — PAC 10 Champions, 5th in school history. Five members advanced to the District One match.

Golf-Girls' — Achieved the best record of 6-2 in PAC 10 play. Hosted the first annual Spring-Ford girls golf tournament at Linfield National. 94 girls participated from schools as far away as State College High School.

Soccer-Boys' — Coatesville Tournament Champions and played for the PAC 10 Title. Recorded the first District One victory in school history defeating Upper Dublin 2-1. 15 wins is second highest total in school history.

Highlights

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Soccer-Girls — Defeated Council Rock North 3-1 for their second District One victory in school history.

Tennis-Girls — Record of 13-1 is best the team has recorded in school history. The junior varsity has lost only one match over the last six years.

Volleyball-Girls — Record of 14-5, 11-3 in Ches-Mont League is best the team has recorded. Won the 5th Annual Spring-Ford Tournament. Defeated Unionville 3-1 to earn first ever District One win. Kirsten Overton was name to the All-State team and will attend Temple University on a full ride to continue her education and volleyball careers.

Highlights

9th Grade Football – played a very difficult non-conference schedule and finished 10-1.

9th Grade Field Hockey – team was inexperienced but improved steadily through out the season.

Spring-Ford
Athletic Review
Winter 2012- 2013

Participation

The numbers displayed are as of the date of the first legal contests as per the
PA Disclosure Reporting Act

TEAM	Roster	
Basketball – Boys	22	
Basketball – Girls	24	
Cheerleading	22	
Indoor Track – Boys	47	
Indoor Track – Girls	34	
Swimming– Boys	16	
Swimming – Girls	19	
Wrestling	40	
Basketball – Boys – 9th	15	
Basketball – Girls – 9th	15	
TOTAL	254	

Records

	Overall			Conference		
VARSITY	<u>Won</u>	<u>Lost</u>	<u>Tie</u>	<u>Won</u>	<u>Lost</u>	<u>Tie</u>
Basketball – Boys'	14	8		8	5	
Basketball – Girls'	23	2		15	0	
Swimming – Boys'	4	9		2	5	
Swimming – Girls'	5	8		3	4	
Wrestling	9	1		8	1	
Basketball – 9 th – Boys'	16	1		11	0	
Basketball – 9 th – Girls'	15	3		8	2	

Highlights

Cheer- Squad cheered at all home boys and girls basketball games. The squad is currently cheering at all home and away post season basketball games and are doing a great job supporting our teams.

Basketball-Boys- Won both games in the Strath Haven Holiday Classic. Qualified for District One tournament. Zameer McDowell became the 7th Spring-Ford boys basketball player to reach 1000 points in a career as he ended with 1,089. McDowell also set school rebounding record for a career with 844 caroms.

Basketball-Girls- Won the KSA Pre Holiday Classic Tournament in Orlando, FL. PAC 10 Champions defeating Methacton. 6th Championship in school history. Ranked #1 in PA, earned #1 seed in District One tournament. Currently ranked 38th in the United States. Sarah Payonk selected to play in the Philadelphia Labor Classic, 3rd Spring-Ford girl to earn this recognition.

Highlights

Indoor Track-Boys- Competed in the prestigious New Balance Meet and The Ridgewood Varsity Classic at the Armory in New York City. Adam Musetti, 800 meter run, David O'Such, 400 meter sprint and Ryan Pierson, Pole Vault qualified for the State Meet, Saturday February 23 at Penn State University.

Indoor Track-Girls- Competed in the prestigious New Balance Meet and The Ridgewood Varsity Classic at the Armory in New York City. Haley Preschutti qualified for the State Meet, Saturday February 23 at Penn State University in the 800 meter run.

Swimming-Girls- Rebecca Cubbler has qualified for Districts in the 500 yard freestyle. She will swim February 28 and March 1 at LaSalle University in her quest to qualify for the PIAA State meet at Bucknell University March 15 and 16.

Highlights

Swimming-Boys- The following boys have qualified for Districts at LaSalle University February 28 & March 1 in a total of fifteen events: Tyler Cushman (2 events), Ethan D'Arcangelo (4 events), Nate Darlington (4 events), Channing Ryan (2 events), RJ Sheldon (2 events) and Tom Todd (2 events). They will be competing to qualify for the PIAA State meet at Bucknell University March 15 and 16.

Wrestling- The varsity squad won the Abington Duals in December. The following qualified for the District Meet held at Spring-Ford on Saturday, February 23: Ryan Hayes (113), Matt Kriebel (120), Sean Hennessey (126), Nick Beauchamp (132), Adam Dombrosky (138), Jon Cooper (145), Frank Krauss (152), Tyler McGuigan (170), Mason Romano (195), Nick Perri (220) and Josh Boyer (285).

Highlights

Basketball-9th-Boys- The team played a challenging schedule and finished 16-1 with their only loss to Coatesville.

Basketball-9th-Girls- The girls played a difficult non conference schedule and finished the year 15-3.

Spring Sports

Start Dates for Spring 2013 Sports:

High School Programs: Monday, March 4

9th Grade Programs: Monday, March 11

7th & 8th Programs: Monday, March 18

Battle for the Atlantis

The Spring-Ford Girls Basketball team has received an official invitation from KSA Events, Orlando, Florida to compete in the inaugural “High School Battle for Atlantis” tip off tournament in Paradise Island, Bahamas, December 4-9, 2013. Spring-Ford is one of the 16 girls teams invited from across the country to participate in the tournament. Games will be played Thursday, Friday and Saturday, however due to PIAA rules we cannot play until Friday and Saturday.

Not only will the girls be playing three games in the space of 36 hours they will also be attending two leadership seminars during the stay. Each session will last two hours and the first session on Thursday 12/5 is titled: **“Global Awareness on Global Issues – Make a Difference in the Future”** and the second session on Friday 12/6 is titled: **“Crossing Boundaries and Discovering New Worlds”**. Our team will also join a local high school to work together performing a community service project.

With the permission of the school board of directors and administration we would like to request a recommendation be placed on the February 25, 2013 agenda for approval.



Extra-Curricular Committee Report

End of Season (EOS) & End of Activity (EOA) Student Survey

Pilot Survey and Sample Results



Restructuring of the Extra Curricular Programs

Beginning in November 2011, I was tasked with three major challenges from Extra Curricular Committee:

1. Develop an organizational chart for extra-curricular programs and increase the participation of extra-curricular reports and awareness to the committee
2. Review extra-curricular positions and contracts on an annual basis to ensure efficiency and programming
3. Develop and implement a survey or data collection tool to collect feedback from students about their experiences in Spring-Ford's Extra Curricular programs

School Board Extra-
Curricular Committee
Chair:

Joe Ciresi



Assistant
Superintendent:

Allyn Roche

SFAHS Athletic
Director:

Mickey McDaniel

MS Athletic
Coordinator:

Bill Racich

Intramural
Coordinators:

Jane Ehnot - 8
Tara Bologna - 7

Department
Heads:

Keith Floyd

Clubs/Advisors:

HS – Jeff Kollar
8 – Alex Miscavage
7 – Krista Calvin

Fine Arts:

HS – Jeff Kollar
8 – Mike Siggins
7 – Heather
Nuneviller



Varsity Head Coaches
Varsity Asst. Coaches
9th Gr Head Coaches
9th Gr Asst. Coaches
Cheerleading
Fitness Room Supvs.
Intramurals – HS
Staff and Operators
for contests

8th Gr Head Coaches
7th Gr Head Coaches
7/8 Asst. Coaches
Cheerleading 7/8
Athletic Event Supvs.
Staff and Operators
for contests

Middle School
Intramurals –
Boys & Girls for
Fall, Winter and
Spring

K-12 and 7-12
Curriculum
Department
Heads

All Clubs, Advisors,
Consultants, Coaches
7-12

Band, Ensembles,
Color Guard,
Percussion,
Directors, Choirs,
Plays, Dramas,
Orchestra

Annual Review of Positions

- In Spring 2012, I met with all of the principals, athletic directors and teacher leaders for extra-curricular programs
- Recommendations were made and presented back to the Extra-Curricular Committee
- Several contracts were collapsed and a few activities with historically low enrollment did not run in 12-13
- Meetings will be scheduled for March/April to look ahead to the 13-14 school year with recommendation to the committee in May.

Student Survey

- How can we make Spring-Ford's Extra-Curricular Programs a better experience for our students?
- Answer – Solicit Feedback from the Students who actually participate in each of the sports, clubs, fine arts programs and activities!!
- After several committee meetings, several revisions of a student survey and trying to address all the logistical challenges – the committee agreed to move forward using SurveyMonkey
- Important Note – ALL RESPONSES ARE ANONOMOUS!!

Student Survey

- Four Fall Sports Participated in the Pilot Study:
 - Girl's Volleyball – 25 student athletes / 30 – 83%
 - Girls' Soccer – 38 student athletes / 48 – 79%
 - Boy's Soccer – 36 student athletes / 45 – 80%
 - Boy's Cross Country – 9 student athletes / 27 – 33%
- Currently All Winter Sports are participating in the EOS Student Survey



12-13 Spring-Ford Area School District - Girl's Volleyball - Student Survey

***1. Who is your Volleyball Coach?**

Next

125%



12-13 Spring-Ford Area School District - Girl's Volleyball - Student Survey

Thank you for your participation in Volleyball. Please complete the following end of sport activity survey to provide Spring-Ford Area School District administration and faculty with your feedback on the sport. We value your opinion and appreciate your time in completing this survey.

***2. STATEMENTS:** Using a scale of strongly disagree, disagree, neutral, agree, and strongly agree, please rate the following statements about your Soccer experience.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
The purpose/goal of the Volleyball activity was accomplished.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Meeting dates and locations were clearly communicated.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I felt respected by the coach and other students in Soccer.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I would recommend Volleyball to other students.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If offered, I look forward to Volleyball next school year.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This Volleyball activity met and/or exceeded my expectations.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

***3. Please rank the overall quality performance of your Volleyball Coach.**

- ☐ Poor
- ☐ Fair
- ☐ Good
- ☐ Very Good
- ☐ Excellent

4. Any additional comments about the Volleyball Coach?

Prev

Next



125%

3:02 PM

12-13 Spring-Ford Area School District - Girl's Volleyball - Student Survey

RECOMMENDATIONS: Please share your answers or thoughts about each recommendation

5. The best part of Volleyball was:

6. One way to improve Volleyball to include more students would be to:

7. What additional materials or resources (if any) were needed for Volleyball?

8. What other sports should be considered at our school that are not currently offered?

Thank you for your time and feedback! Please click DONE at the bottom of the screen to complete the survey process! Have a great day.

Prev

Done

Sample Results



Girl's Volleyball

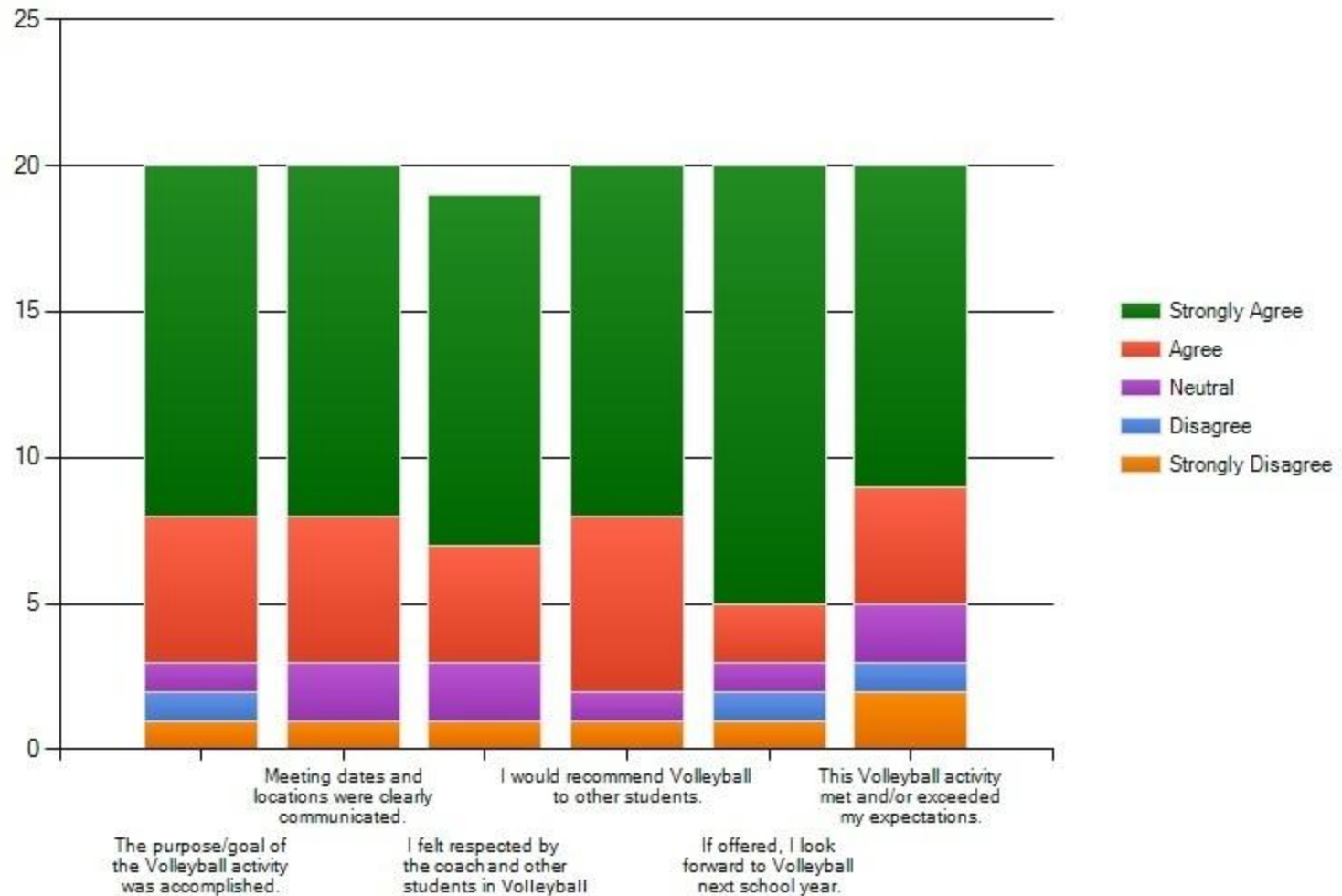
Girl's Volleyball

12-13 Spring-Ford Area School District - Girl's Volleyball - Student Survey

STATEMENTS: Using a scale of strongly disagree, disagree, neutral, agree, and strongly agree, please rate the following statements about your Volleyball experience.





	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree	Response Count
The purpose/goal of the Volleyball activity was accomplished.	5.0% (1)	5.0% (1)	5.0% (1)	25.0% (5)	60.0% (12)	20
Meeting dates and locations were clearly communicated.	5.0% (1)	0.0% (0)	10.0% (2)	25.0% (5)	60.0% (12)	20
I felt respected by the coach and other students in volleyball	5.3% (1)	0.0% (0)	10.5% (2)	21.1% (4)	63.2% (12)	19
I would recommend Volleyball to other students.	5.0% (1)	0.0% (0)	5.0% (1)	30.0% (6)	60.0% (12)	20
If offered, I look forward to Volleyball next school year.	5.0% (1)	5.0% (1)	5.0% (1)	10.0% (2)	75.0% (15)	20
This Volleyball activity met and/or exceeded my expectations.	10.0% (2)	5.0% (1)	10.0% (2)	20.0% (4)	55.0% (11)	20
Comments on above Statements						3
answered question						20
skipped question						2

STATEMENTS: Using a scale of strongly disagree, disagree, neutral, agree, and strongly agree, please rate the following statements about your volleyball experience.



12-13 Spring-Ford Area School District - Girl's Volleyball - Student Survey

Please rank the overall quality performance of your Volleyball Coach.

		Response Percent	Response Count
Poor		0.0%	0
Fair		22.7%	5
Good		9.1%	2
Very Good		13.6%	3
Excellent		54.5%	12
answered question			22
skipped question			2

Any additional comments about the Volleyball Coach?

- | | |
|---|---|
| 1 | My coaches were amazing! They were fun but serious when they needed to be. They always helped me when I needed it and made me so much better than I was!! |
| 2 | Everyone was treated fairly |
| 3 | The coach communicated well about practices |
| 4 | none |
| 5 | The coaches were very good and very helpful |
| 6 | very helpful to all the players |
| 7 | Can't wait to play again next year and beat Shannahan |

The best part of Volleyball was:

- 1 Getting to experience the thrill of tournaments and being a team player.
- 2 making history at sf for winning rams rumble and winning district game
- 3 New skills
- 4 having fun with friends and playing competitively
- 5 improving my skills and winning games
- 6 Meeting new people and doing the sport i enjoy
- 7 Playing together
- 8 my teammates
- 9 Games
- 10 My love for the game, and being with all of my friends.
- 11 having such great upperclassmen to look up to and be inspired by
- 12 fellow players
- 13 friends
- 14 Having the best record in Spring-Ford history
- 15 winning our first district game
- 16 Everyone was treated fairly
- 17 my teammates
- 18 being able to talk with friends
- 19 playing in general

One way to improve Volleyball to include more students would be to:

- 1 more girls on JV
- 2 Showing the students that it is fun by getting them involved!
- 3 make more announcements about how fun and exciting it is
- 4 provide more gym space
- 5 Provide help to new players
- 6 Intramural
- 7 make a year round intermural club
- 8 I think it is fine the way it is
- 9 Offer after school volleyball where anyone can participate.
- 10 to get more notice out about volleyball
- 11 have a 9th grade team
- 12 play more people
- 13 Reach out to younger students before high school
- 14 Play on Sunday
- 15 Too many players as it is on varsity
- 16 make a boys team
- 17 better tryouts
- 18 to play in gym class
- 19 Including more students on the team makes it harder to do well because each person has less chance to play.

What additional materials or resources (if any) were needed for Volleyball?

- 1 maybe more volleyballs to use for both jv and varsity
- 2 water carts for away games
- 3 volleyball shoes, knee pads, and buddy bags
- 4 Always getting Gym space
- 5 fixing the holes in the aux gym, so the net does not hang loose.
- 6 Not getting kicked out of our gym for outdoor sports teams
- 7 i dont recall any additional materials needed besides the new uniforms we recently got
- 8 **Mr. Roche is the BEST!!!**
- 9 priority in gym time when other sports have to come inside due to weather
- 10 **Warm-Up Gym Bags**
- 11 none
- 12 none
- 13 Nothing really, but it would have been fun to play in another tournament.

What other sports should be considered at our school that are not currently offered?

- 1 ping pong
- 2 maybe add winter volleyball or other spring or fall sports in the winter
- 3 rock climbing
- 4 dance
- 5 None
- 6 boys volleyball
- 7 Mens volleyball
- 8 cricket, badmitten, dodgeball
- 9 mens volleyball
- 10 Don't know
- 11 Boys Volleyball
- 12 karate
- 13 BOYS VOLLEYBALL
- 14 gymnastics
- 15 boys volleyball
- 16 None that I play.

Any Questions?

