

High School Guidance College Advisement/Planning



Grade-Level Guidance Activities



**EACH GRADE LEVEL
BEGINNING IN 7TH GRADE
INCLUDES PROGRAMMING TO
PROMOTE COLLEGE
CONSIDERATION/READINESS,
AS IS DEVELOPMENTALLY
APPROPRIATE.**

9th Grade



- Naviance – Students take Personality Assessment to discover careers that might match their profile. Students learn about enrichment programs that are promoted via Naviance. Counselors also use this time to discuss the importance of future planning including achieving the highest possible GPA in appropriately-challenging classes.
- Course selection presentation includes information related to general college requirements
- Individual student meetings
- Parent meetings
- Discuss transition at IEP meetings

10th Grade



- Individual meetings
- FPC Orientation & post-secondary planning discussion
- Standardized Testing
 - PSAT
 - ✦ AP Potential
 - AP (new for the 2012/2013 school year)
- Parent meetings
- Course selection presentation includes information related to general college requirements
- Coordinate with Career Teachers who utilize Naviance Career Assessments and encourage students to research colleges to help them reach their career goals
- Students are encouraged to begin creating an activity resume for college applications

11th Grade



- Individual Student Meetings
- Parent meetings
- Standardized Testing:
 - PSAT
 - SAT
 - ACT
 - AP
 - Kaplan Combo Test
- Course selection including information related to:
 - Taking rigorous courses & maintaining GPA
 - AP and Dual Enrollment courses
 - Early college admission
 - Overall admissions
 - Application requirements for college
- Promote utilizing the FPC and attending FPC events
- Encourage students to continue to develop an activities resume

12th Grade



- Individual student meetings both annual and responding to student inquiries about college applications and helping students with decision-making related to their post-high school plans
- Process college applications including writing personalized letters of recommendation and completing college evaluation forms
- Promote FPC activities related to future planning
- Dual Credit Course completion and transfer of those credits
- Standardized testing
 - SAT
 - ACT
 - AP

Collaboration Between Counselors and FPC



This relationship is similar to the partnership between teachers and the librarian. Counselors have knowledge of the student and Mrs. Bhalla knows detailed college facts related to college admissions and trends and together we support the application process of the student.

Role of College Career Coordinator



- 12 month position, full-time position
- Work with the Guidance Dept. to ensure students are receiving the support necessary to make sound decisions about their future
- Serve as the primary liaison between the high school and college/career/military reps
- Coordinate evening programs and schedule college rep visits
- Assist students with college admissions applications, financial aid forms, scholarship applications
- Scholarship Coordinator

Role of College Career Coordinator continued



- **Serve as SAT, ACT, PSAT test center coordinator**
 - SF is a testing center for SATs 3x/year, ACTs 3x/year and SF offers PSATs on the National School Based testing day in October
- **Oversee student athlete NCAA eligibility**
- **Maintain Naviance**

What Can Students Do In The FPC?



- **Meet individually with Mrs. Bhalla**
 - Discuss post-secondary planning and potential majors/careers
 - Review potential colleges and identify colleges matching the students needs/wants
- **Help students utilize Naviance to:**
 - Research majors, colleges, careers, search for scholarships, complete activity resume, complete personality type surveys, register to attend a college admissions presentation, request transcripts, letters of recommendation
- **Complete admissions applications, work on college essays, apply for scholarships, complete financial aid forms**
- **Get answers to their questions**
- **Meet with college admissions reps**
- **Register for SATs/ACTs online**
 - Test prep- Kaplan Partnership- free online test prep

When Can Students/Parents Access The FPC?



- Students are able to visit the FPC during their study halls
- Students can also come after school if a parent meeting is not scheduled
- Parents can schedule appointments with Mrs. Bhalla if needed during the following times:
 - After school at 2:30
 - During evening hours on Wednesday nights (6-9 pm)

FPC Evening Programs



Evening programs are held on Wednesday nights for SF students and parents

- Senior Parent College Application
- AP Information Night
- “What It Takes To Be An Ivy League Student” presented by UPenn Admissions Rep
- “Getting In” - presented by the Princeton Review
- Essay Writing Workshop
- Junior Student/Parent College Planning Program
- Understanding PSATs- presented by Kaplan
- Financial Aid Night- presented by PHEAA
- NCAA Student Athlete Recruiting- presented by Dynamite Sports
- College Admissions Forum
- 2 College/Career Fairs
 - 75-110 reps attend

In School Meetings



- Individual student meetings/assistance with College Career Coordinator
 - Will see anywhere from 5-22 students/day
- Individual Parent Meetings with College Career Coordinator
 - On average 7 parent meetings/week
- College Admission Representatives Info Sessions
- PA Free Enterprise Week
- ESU Instant Decision Days

Outside Programs/Information Sessions Promoted by Counseling Department



- Academy Day- hosted by a Congressman's office
- Exploring College Options- hosted by Duke, Harvard, Georgetown, Stanford, and UPenn
- PACAC Regional College Fair
- NACAC Regional College Fair
 - NACAC Performing Arts College Fair
- Keystone Boys State Program- 1 week educational workshop for high school student leaders
- SAT/ACT Test Prep Courses offered by Montgomery County Community College and Kaplan
- College Open Houses
- Summer Enrichment and Leadership Opportunities

Career Education



- STEM Careers Webinar
- Future Women In Engineering Career Seminar
- Students have participated in Career Days
 - STEM, Broadcasting, Business
- Career Day: Cobham Defense Systems
- One Day Job Shadowing
 - Reading Phillies
 - Spring Valley YMCA Rehabilitation
 - WMMR
 - OMW Law
 - Spring-Ford Family Practice

Skyward Messages & Emails



Messages are sent weekly & monthly to students/parents through Skyward Message Center and by email regarding:

- College Planning Timeline
- Naviance grade-specific instructions
- Instructions on how to request teacher letters of recommendation
- College apps and deadlines
- Upcoming events, dates and deadlines
- PowerPoint presentations from evening programs
- Reminders about completing FAFSA and scholarships forms
- College Interview Tips
- Outside programs/meetings
- Requesting transcripts (initial, quarterly, mid-year and final)
- PA Free Enterprise Week
- FPC Newsletter (quarterly)
- College Planning Handouts
- Fastest Growing Occupations
- Financial Aid Quick Reference Sheet for Students/Parents
- Writing the college essay

Professional Development



- CollegeBoard Annual Counselor Workshop
- ACT Annual Counselor Workshop
- PHEAA/Financial Aid Conference
- Individual College Events
 - Phila. Catholic College Tour, Maryland Crab Crawl, PA Liberal Arts College Tour, NJ Private Colleges Tour, NH Colleges Tour, High Point University, Univ. of Alabama, CRUSH Tour (NY)
- Recently selected to serve on the Univ. of Alabama National Recruiting Advisory Board

SF Applications, Acceptances, and Matriculations

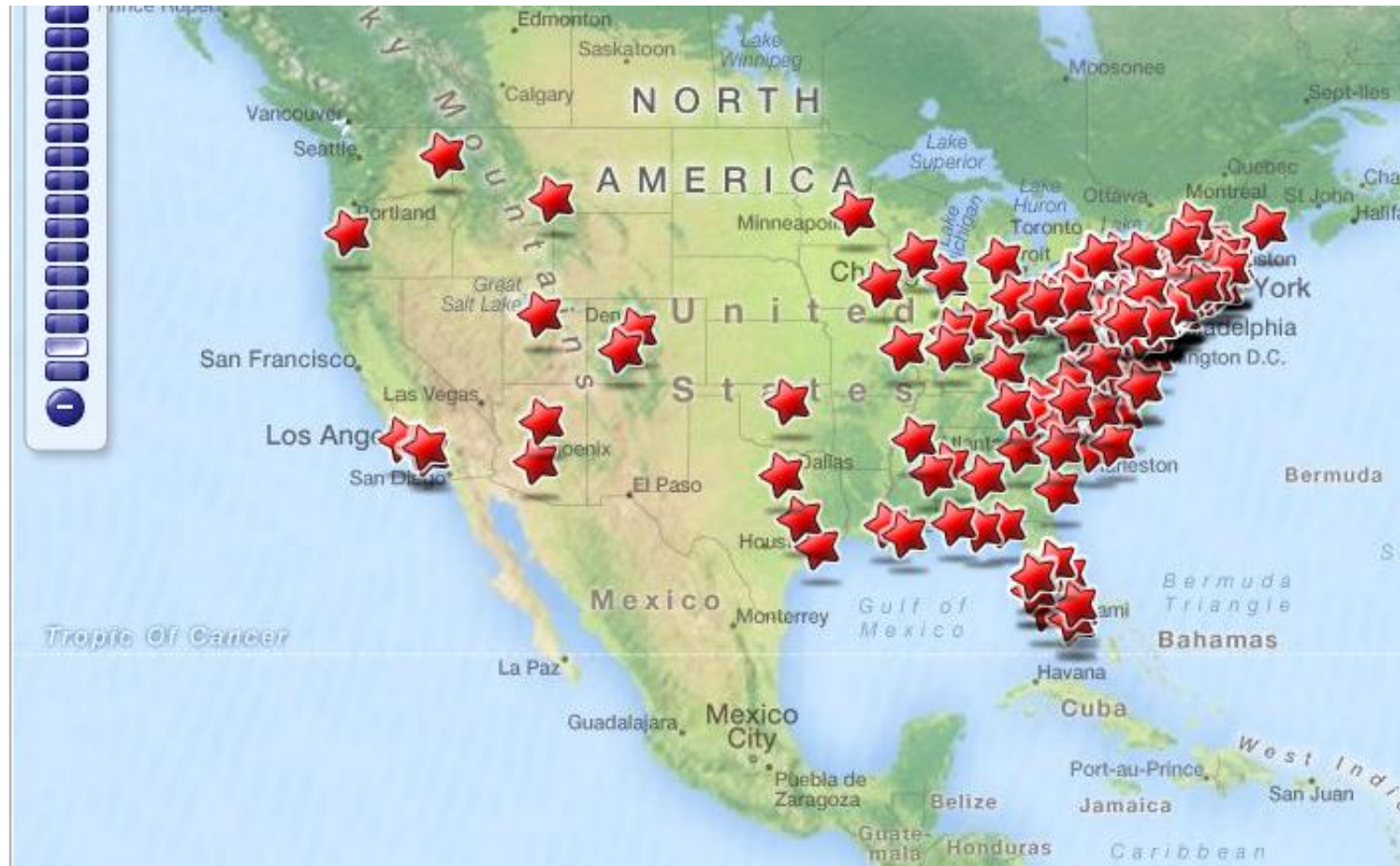


- See packet which provides a list of colleges that SF students applied to, were accepted and have matriculated

Map Showing SF Acceptances



Map Showing SF Matriculations



Where We Were. Where We Are. Where We Want To Go.



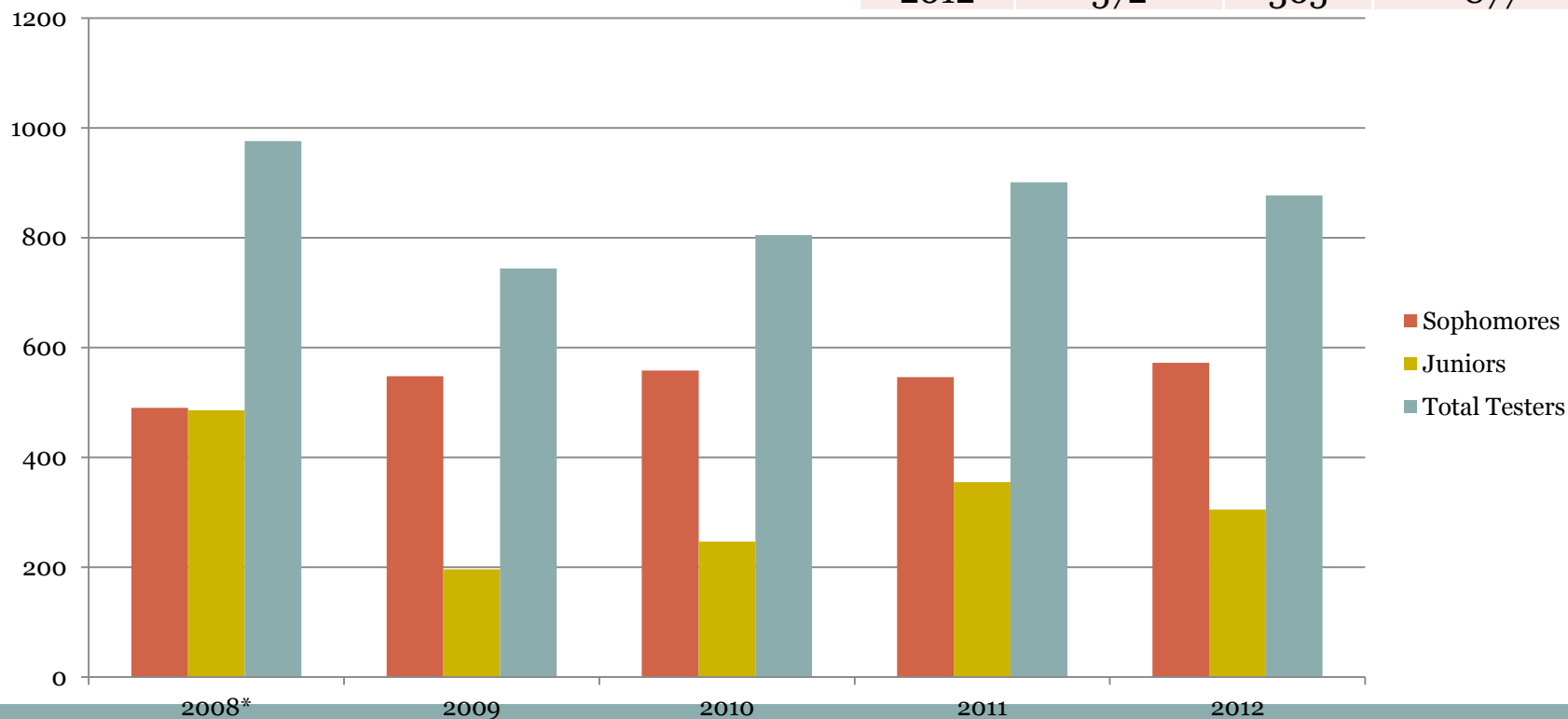
- The House System went into effect for the 2006/2007 school year
- The goal of the house system was to promote relationships between school officials and students and to provide continuity throughout the student's high school career
- In addition, the full-time position of College Career Coordinator was implemented to bring additional support to the Counseling Department and to our students and parents as they work through their post-secondary planning

Where We Were. Where We Are. Where We Want to Go.



PSAT Test Takers

	Sophomores	Juniors	Total Testers
2008*	490	486	976
2009	548	196	744
2010	558	247	805
2011	546	355	901
2012	572	305	877

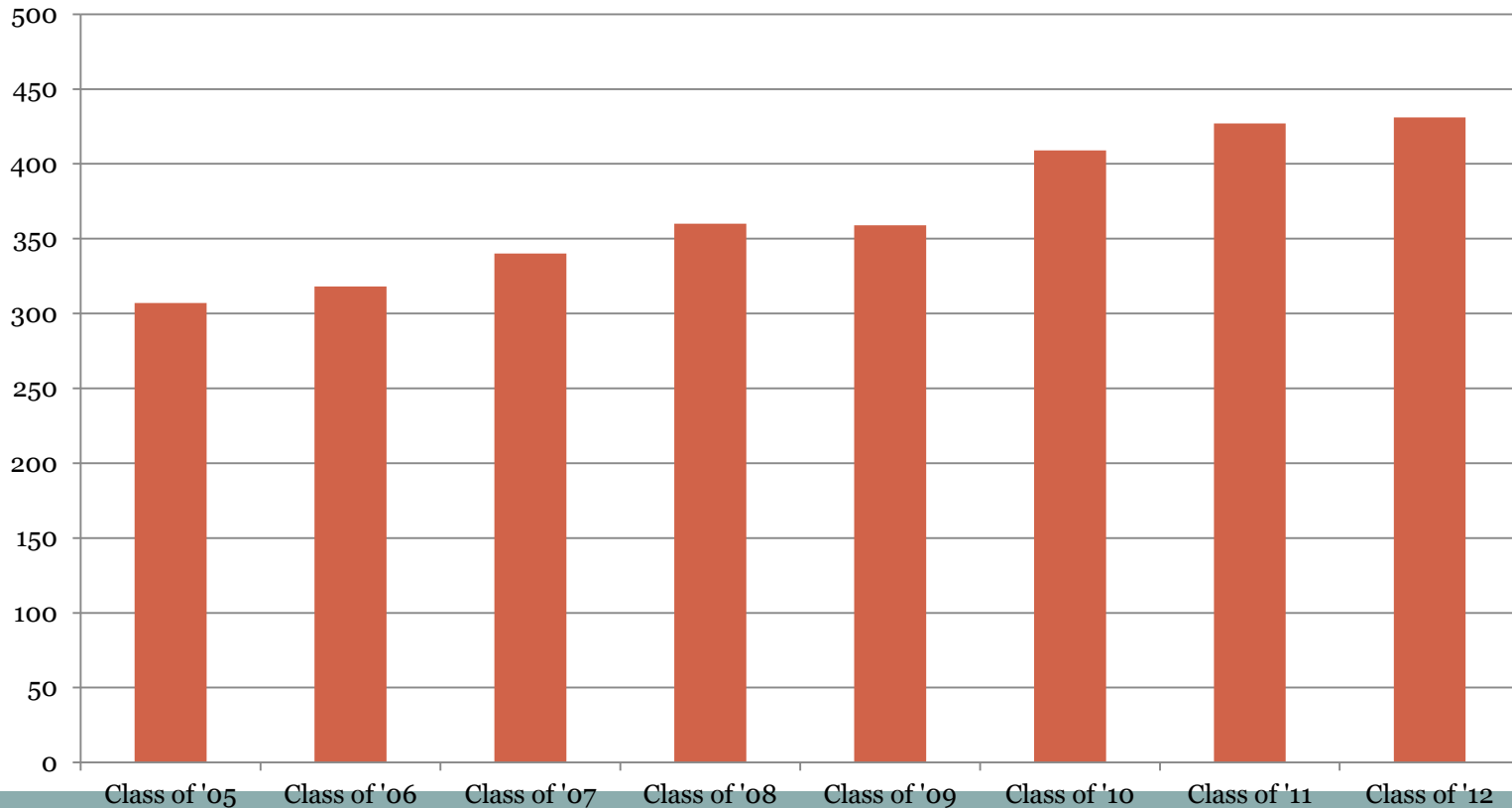


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Senior SAT Test Takers

Class of '05	Class of '06	Class of '07	Class of '08	Class of '09	Class of '10	Class of '11	Class of '12
307	318	340	360	359	409	427	431



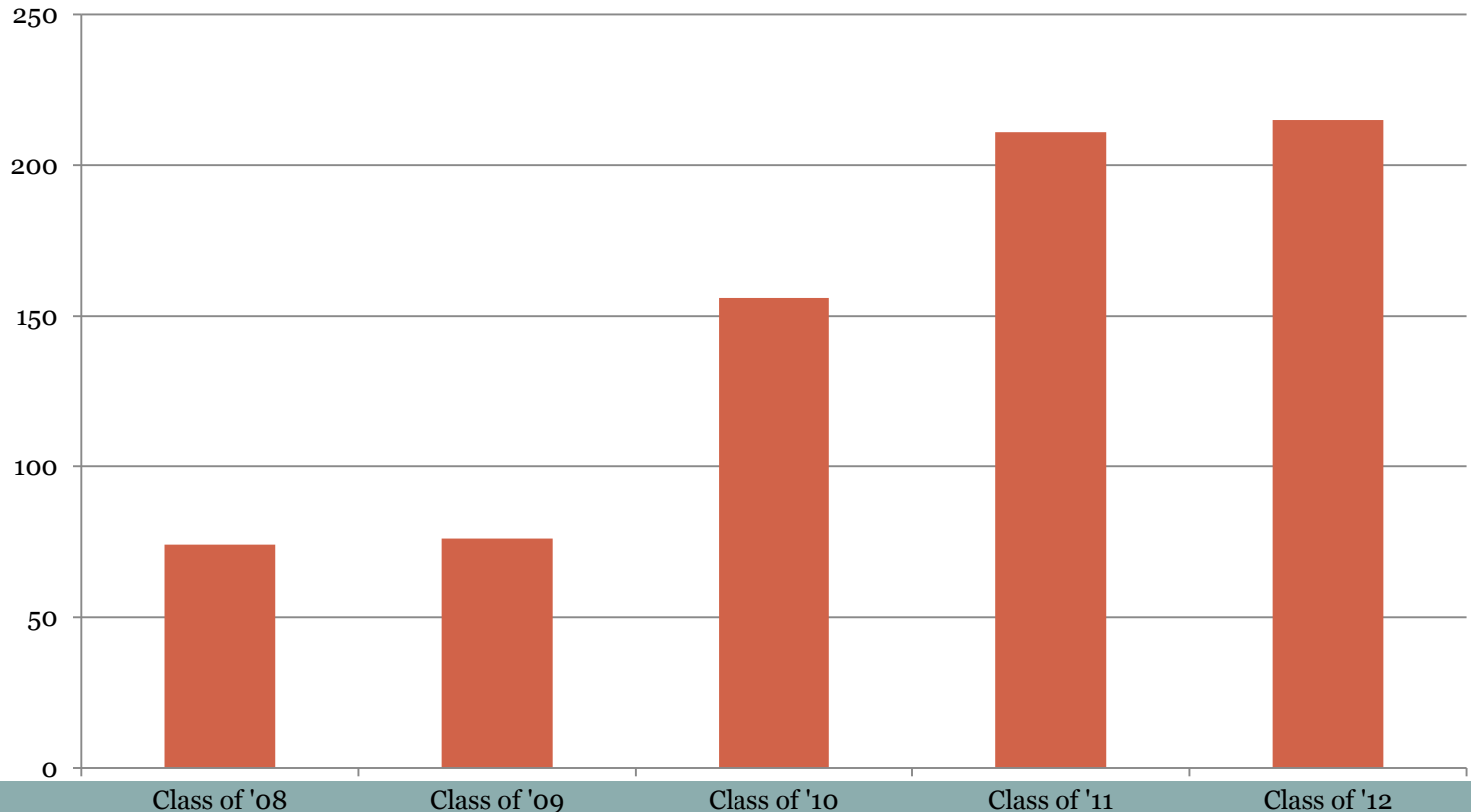
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Senior ACT Test Takers

Class of '08	Class of '09	Class of '10	Class of '11	Class of '12
74	76	156	211	215

SF became an ACT test center during the 2009/2010 school year

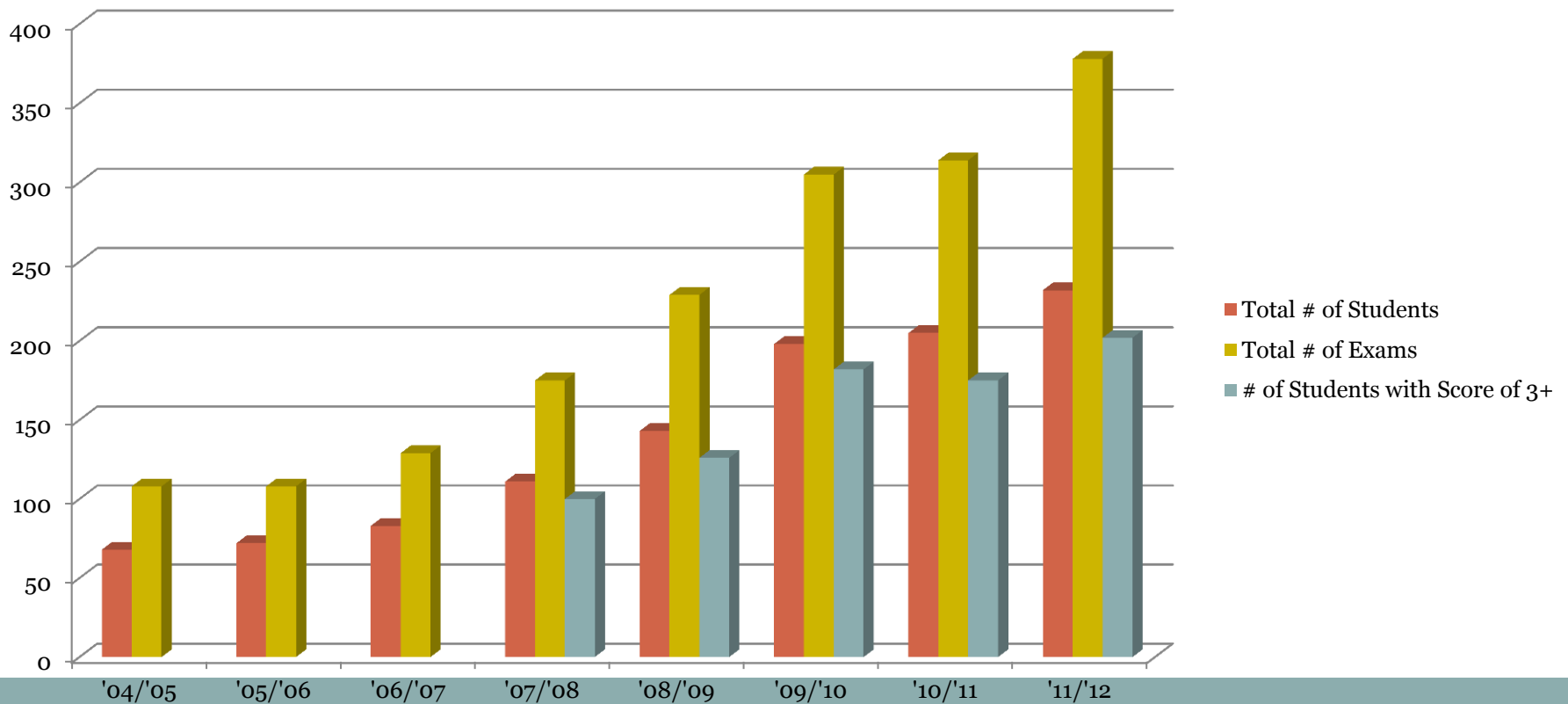


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AP Tests



	'04/'05	'05/'06	'06/'07	'07/'08	'08/'09	'09/'10	'10/'11	'11/'12
Total # of Students	68	72	83	111	143	198	205	232
Total # of Exams	108	108	129	175	229	305	314	378
# of Students with Score of 3+				100	126	182	175	202

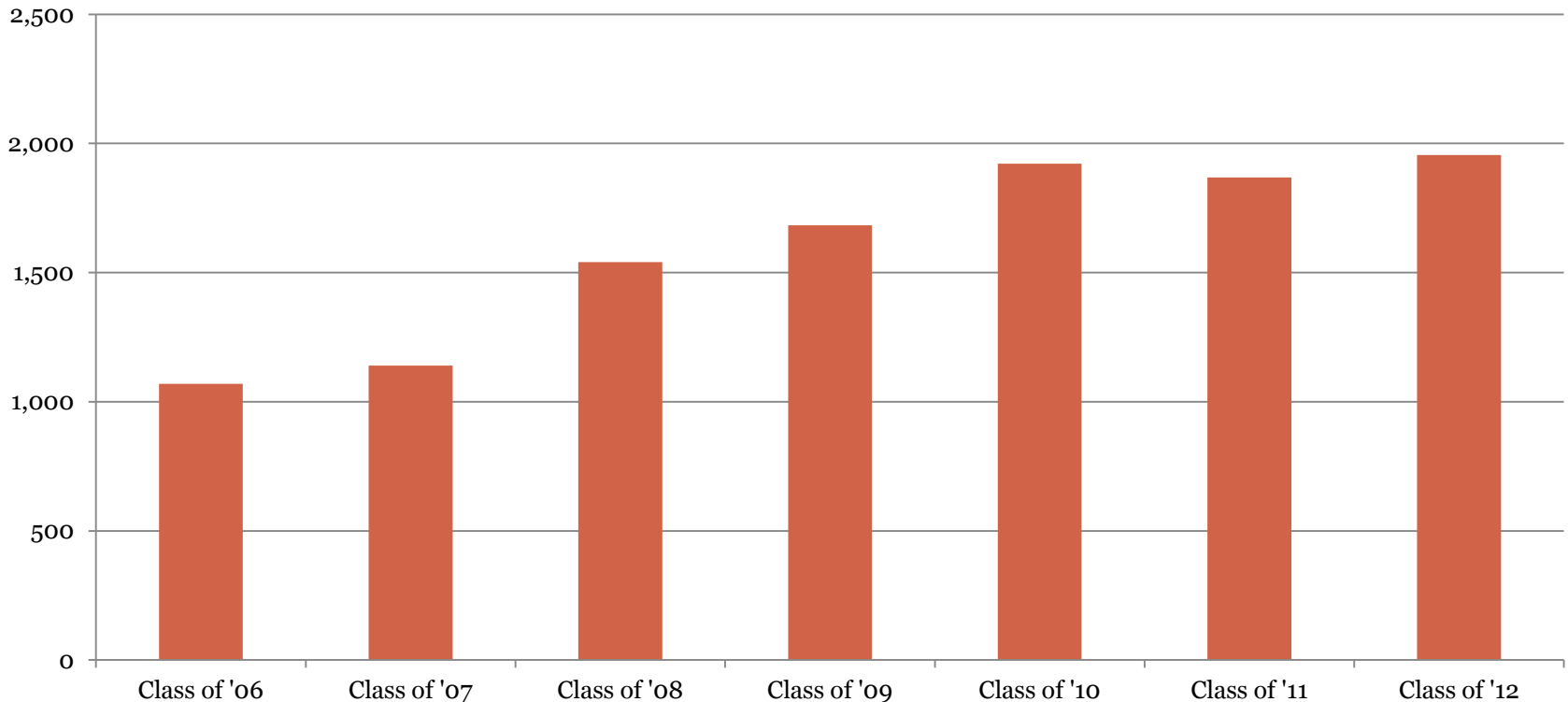


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Processed Applications

Class of '06	Class of '07	Class of '08	Class of '09	Class of '10	Class of '11	Class of '12
1,069	1,140	1,541	1,683	1,922	1,868	1,955



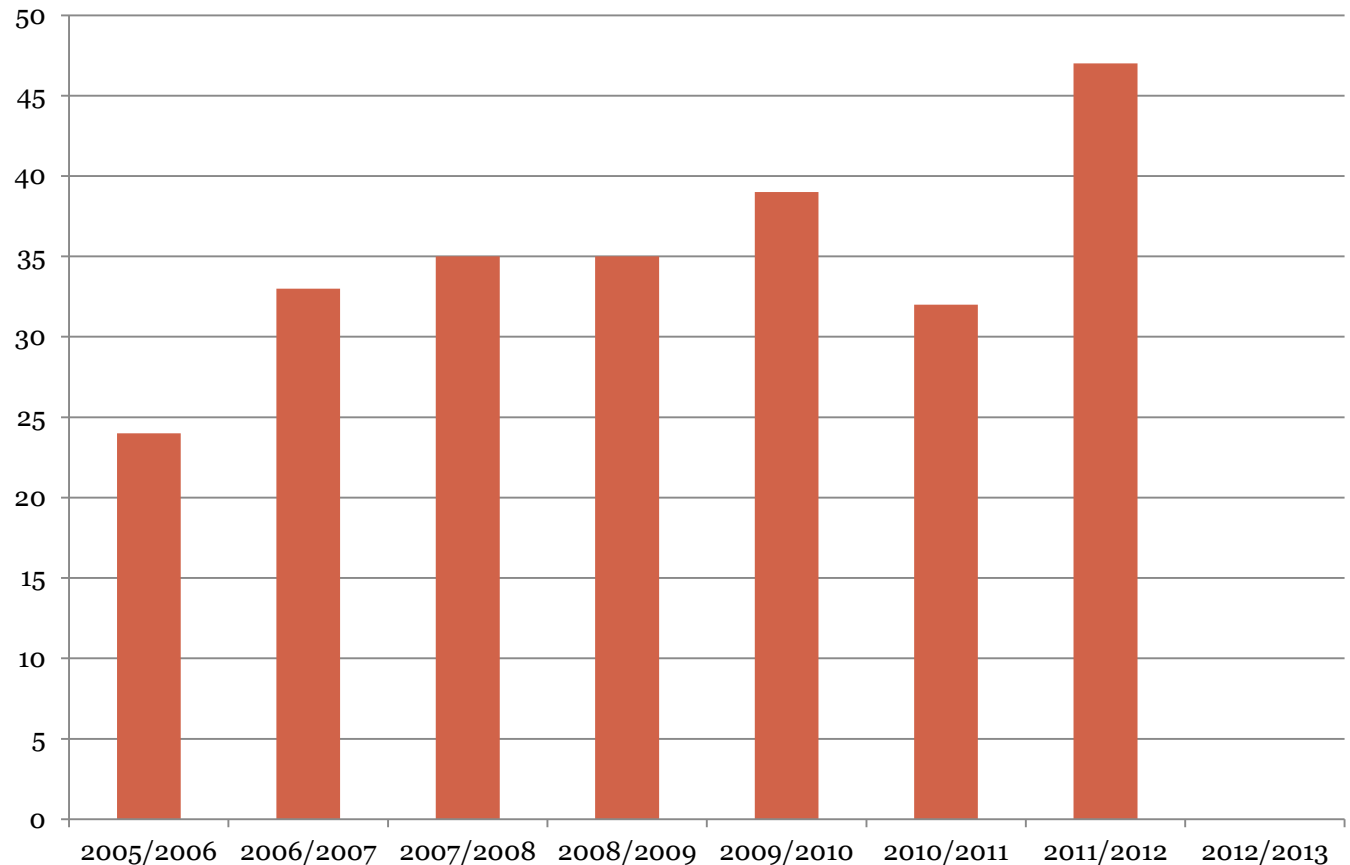
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College Rep Meetings

2005/2006	24
2006/2007	33
2007/2008	35
2008/2009	35
2009/2010	39
2010/2011	32
2011/2012	47
2012/2013	

2012/2013-
currently at
48 through
the fall; spring
visits not
scheduled yet

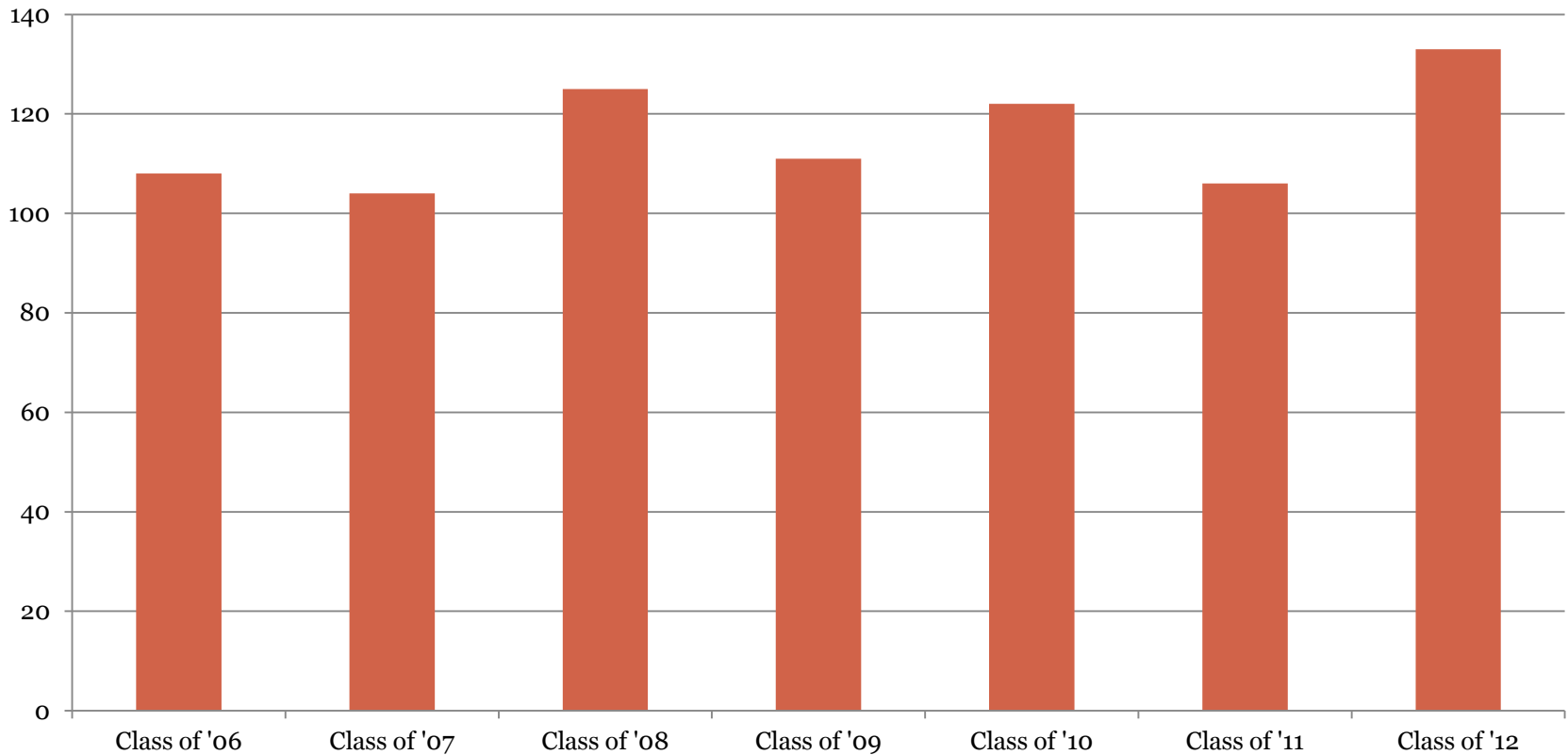


Where We Were. Where We Are. Where We Want to Go.



of Different Colleges With Matriculations

Class of '06	Class of '07	Class of '08	Class of '09	Class of '10	Class of '11	Class of '12
108	104	125	111	122	106	133

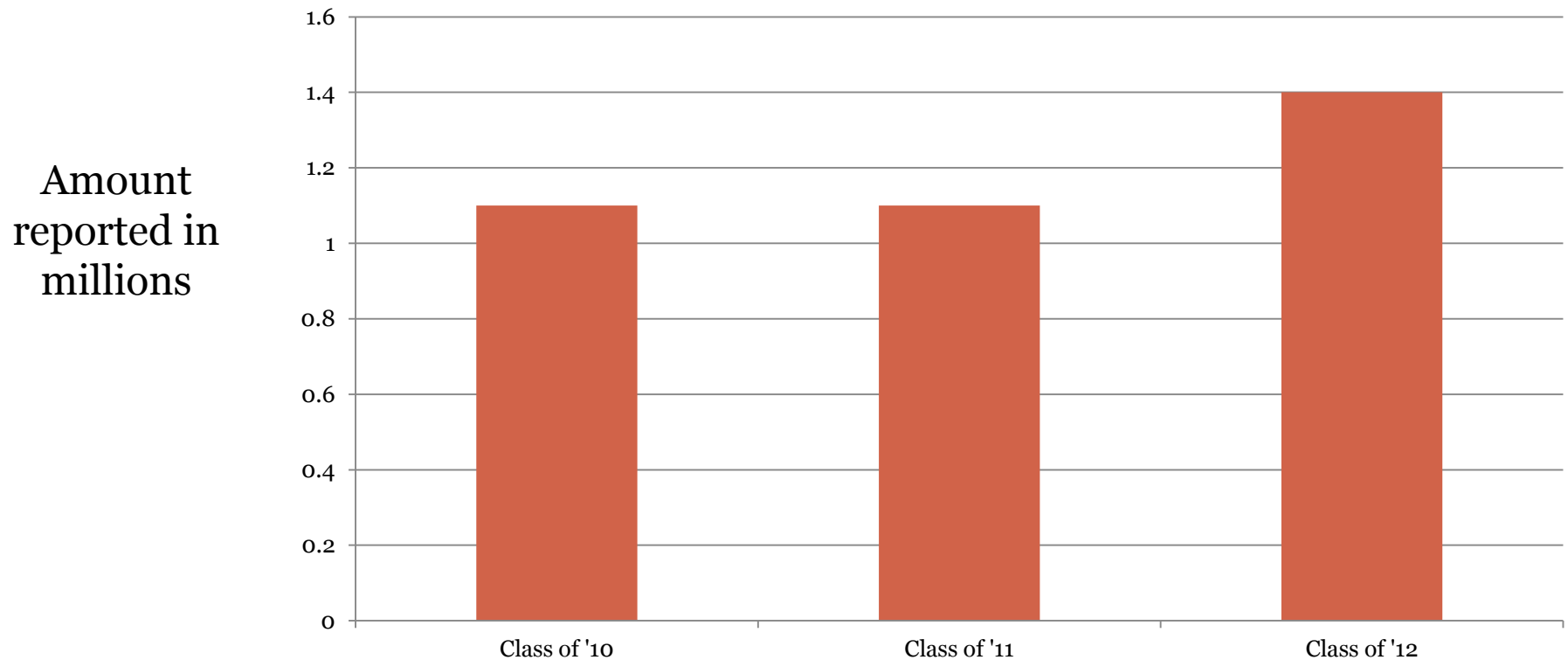


Where We Were. Where We Are. Where We Want to Go.



Amount of Academic Scholarship \$\$ Awarded

Class of '10	Class of '11	Class of '12
1.1	1.1	1.4



Guidance Website & Post-Secondary Planning Guide



[SF High School Guidance Page](#)