



SPRING-FORD AREA SCHOOL DISTRICT

DISTRICT ADMINISTRATION OFFICE

857 SOUTH LEWIS ROAD, ROYERSFORD, PA 19468

For Immediate Release

Contact: Erin Crew, (610) 705-6206

Manager of Communications and Marketing, Spring-Ford Area School District

November 4, 2015

Spring-Ford Area High School Receives National Athletic Trainers' Association Safe Sports School Award

Photo/Media Opportunity

ROYERSFORD, PA – Spring-Ford Area High School is the recipient of the National Athletic Trainers' Association Safe Sports School award. The award champions safety and recognizes secondary schools that provide safe environments for student athletes. The award reinforces the importance of providing the best level of care, injury prevention and treatment.

"This is truly an honor. It shows that Spring-Ford is committed to the safety of our student athletes, and that we are known for putting a priority on student safety," said Dan Holman, Spring-Ford Area High School Athletic Trainer.

"We remain committed to the health and welfare of young athletes in competitive sports," says NATA President Scott Sailor, EdD, ATC. "This award recognizes the contributions and commitment of schools across the country that are implementing safe sports policies and best practices to ensure athletes can do what they love best and have the appropriate care in place to prevent, manage and treat injuries should they occur."

In order to achieve Safe Sport School status, athletic programs must do the following:

- Create a positive athletic health care administrative system
- Provide or coordinate pre-participation physical examinations
- Promote safe and appropriate practice and competition facilities
- Plan for selection, fit function and proper maintenance of athletic equipment
- Provide a permanent, appropriately equipped area to evaluate and treat injured athletes
- Develop injury and illness prevention strategies, including protocols for environmental conditions
- Provide or facilitate injury intervention
- Create and rehearse a venue-specific Emergency Action Plan
- Provide or facilitate psychosocial consultation and nutritional counseling/education
- Be sure athletes and parents are educated of the potential benefits and risks in sports as well as their responsibilities

DATE: Monday, November 9, 2015 at 2:15 p.m.

LOCATION: Spring-Ford Area High School, 350 South Lewis Road, Royersford, PA 19468

DETAILS: Congressman Ryan Costello will visit Spring-Ford Area High School to present the award, meet with students and discuss the importance of practicing safe practices while participating in high school athletics.

CONTACT: Contact Erin Crew, Spring-Ford Manager of Communications and Marketing, for more information.



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About NATA: National Athletic Trainers' Association (NATA) – Health Care for Life & Sport

Athletic trainers are health care professionals who specialize in the prevention, diagnosis, treatment and rehabilitation of injuries and sport-related illnesses. They prevent and treat chronic musculoskeletal injuries from sports, physical and occupational activity, and provide immediate care for acute injuries. Athletic trainers offer a continuum of care that is unparalleled in health care. The National Athletic Trainers' Association represents and supports 39,000 members of the athletic training profession. Visit www.nata.org.

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